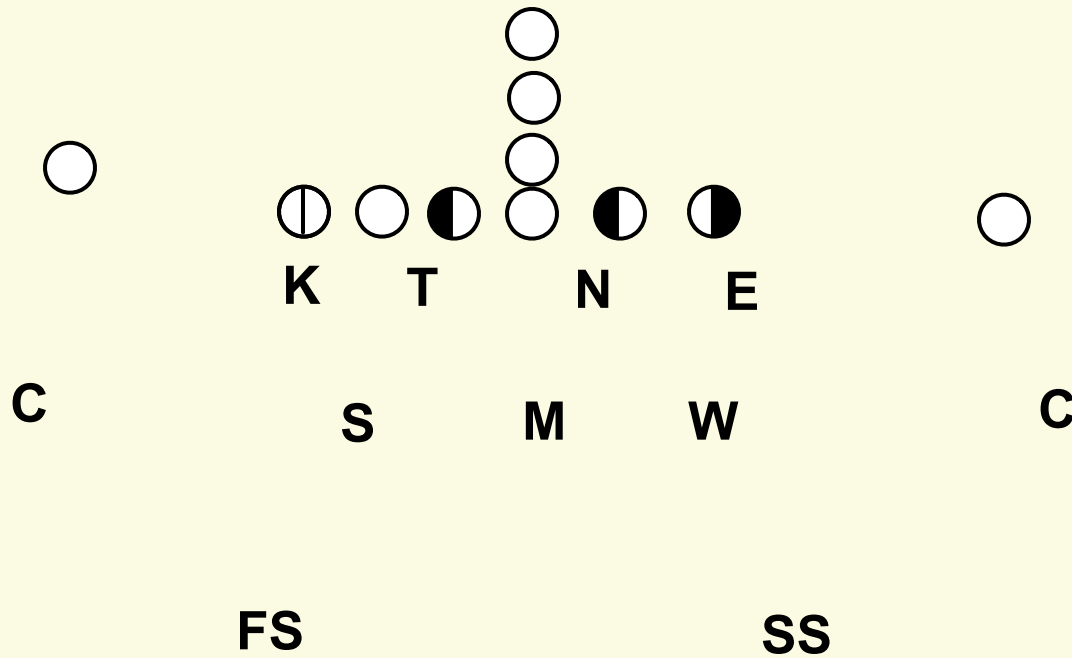


# Defense

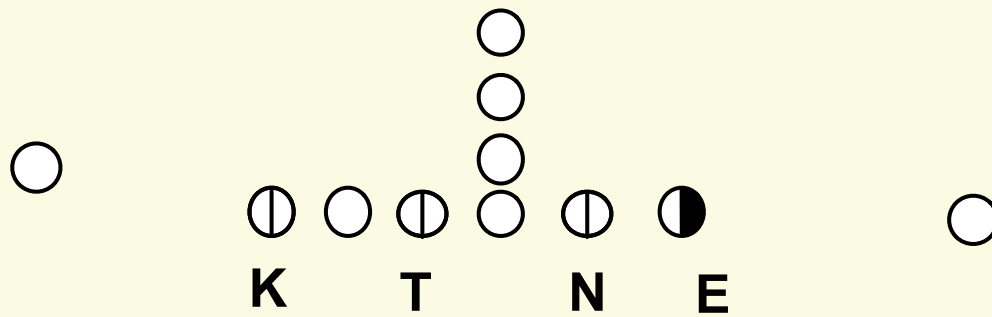
# Slide Defense

- Fronts
  - duces aces 9 cheat shade push force
- Stunts
  - knife/rip    20,40,80 slantweak                      shiftweak pinch    wedge  
Dbl wdg pop-in                      pop-out                      dig  
bark                                      crash
- Blitz
  - jet thunder man woman mat tap whale shoot fire smoke  
yankee rebel gaps cobra
- Coverage
  - 2    5    1    3    black    red    orange    purple

# Slide



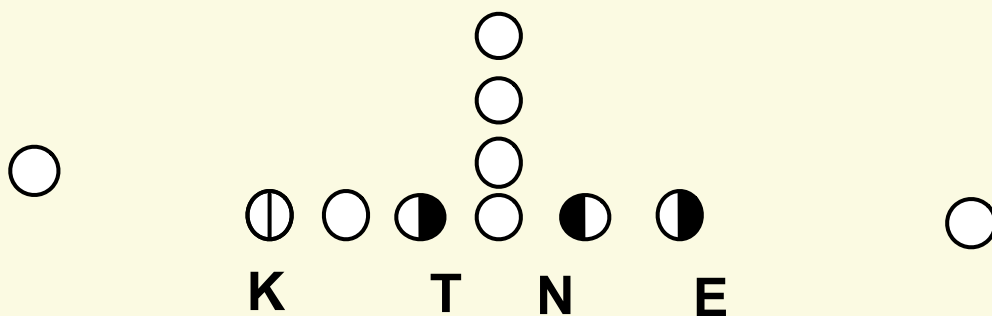
# Duces

Bs1Bsp

| DUCES            | ALIGN                                | KEY                               | RUN TO  | RUN AWAY   | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - force<br>inside - out                    | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | Head up on<br>guard                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | Head up on<br>guard                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Aces

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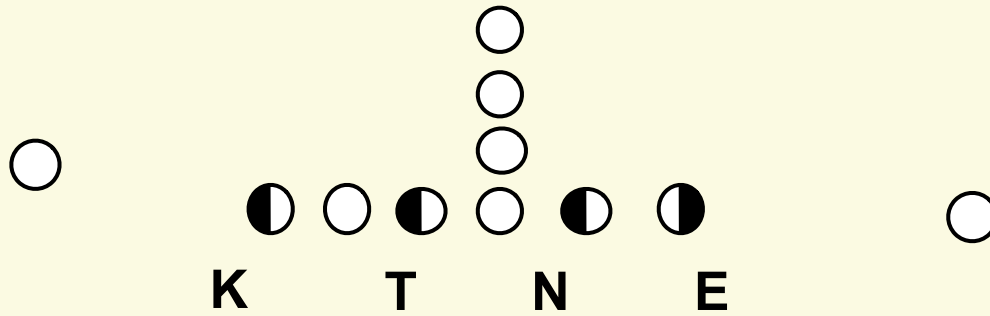


Bsl

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| ACES             | <u>ALIGN</u>                         | <u>KEY</u>                        | <u>RUN TO</u>   | <u>RUN AWAY</u>                                      | <u>PASS</u>   |
|------------------|--------------------------------------|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - force<br>inside - out                    | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 1 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

9



Bsl

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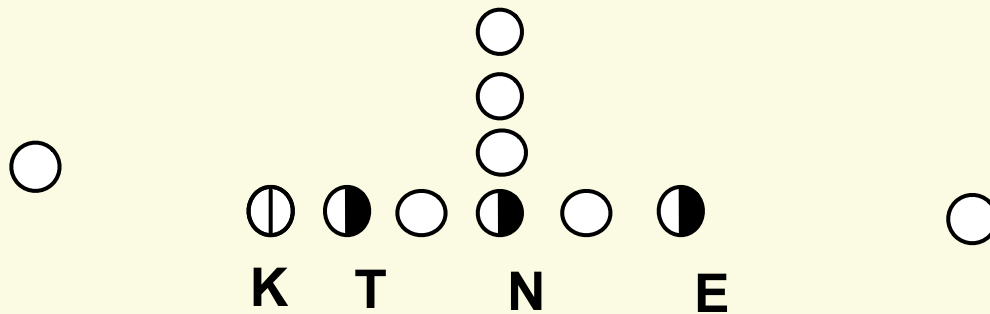


| 9                | <u>ALIGN</u>                         | <u>KEY</u>                        | <u>RUN TO</u>   | <u>RUN AWAY</u>                                      | <u>PASS</u>   |
|------------------|--------------------------------------|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - force<br>inside - out                    | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| KODIAK           | 9 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |



# Cheat

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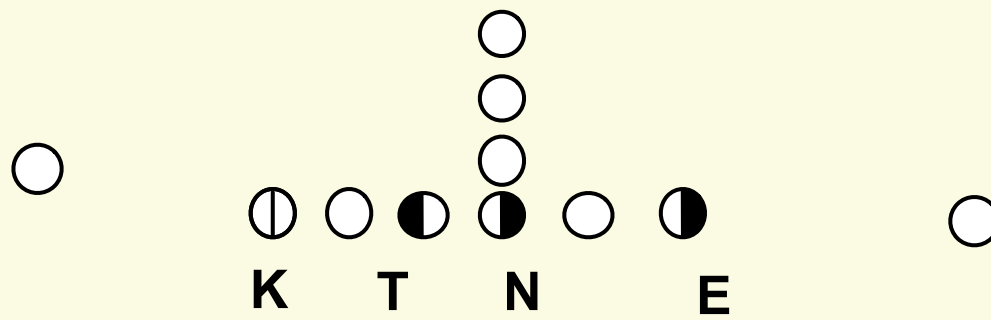


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| CHEAT            | ALIGN                                | KEY                               | RUN TO  | RUN AWAY   | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - force<br>inside - out                    | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 4 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | shade tech<br>weak side              | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Shade

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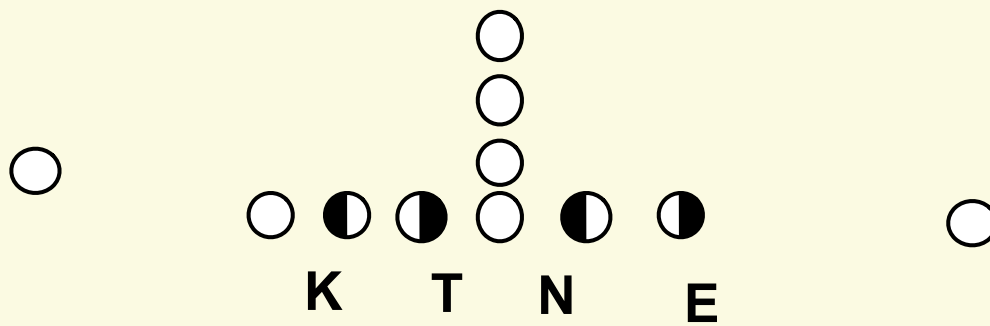


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| SHADE            | ALIGN                                | KEY                               | RUN TO  | RUNAWAY  | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - force<br>inside - out                    | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | Weak shade<br>of center              | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Push

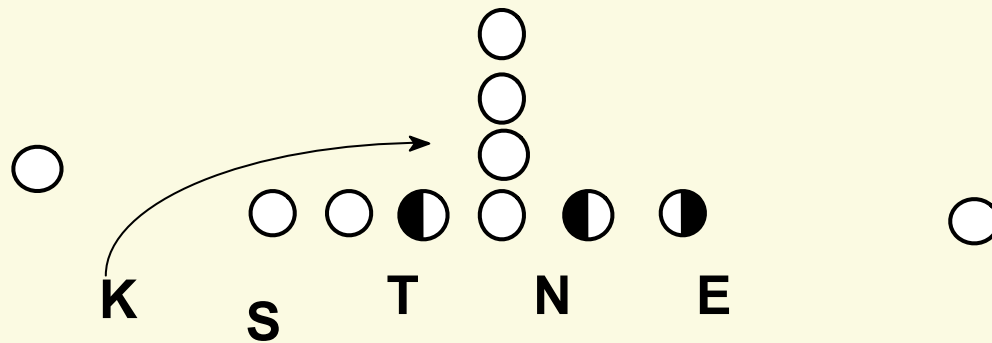
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| PUSH             | ALIGN                                | KEY                               | RUN TO  | RUN AWAY   | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - force<br>inside - out                    | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| KODIAK           | 6 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 1 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

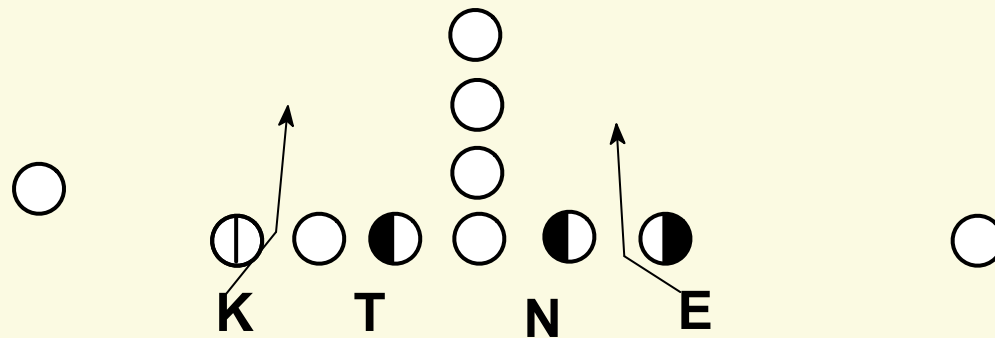
# Force





| FORCE            | ALIGN                                | KEY                               | RUN TO  | RUN AWAY   | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                                       | Down hill - force<br>inside - out                    | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | stack TE                             | TE                                | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | Jam the TE - take<br>him mam to man   |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                                       | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage                                  | Depends on coverage   |
| KODIAK           | wide tilt<br>strong side             | Ball -                            | Ball get off - force the play<br>now - thinking option - QB             | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you -<br>control your gap | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                                | ball get off - squeeze<br>down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Knife & Rip



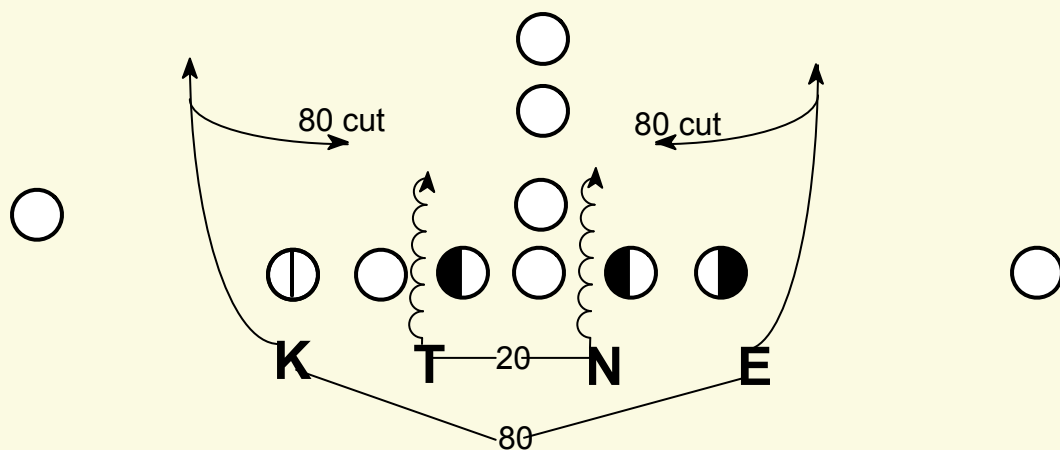
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| KNIFE<br>RIP     | ALIGN.                               | KEY                               | RUN TO  | RUN AWAY  | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|---|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - force<br>inside - out                           | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle         | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle         | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage   | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage   | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage   | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Slant inside 45 -<br>Rip off man -<br>Force                           | Slant inside 45 -<br>Rip off man -<br>Squeeze Pursuit Angle | Slant inside 45 -<br>Rip off man - Rip off<br>man - stay in lane                            |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball        | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball        | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Slant inside 45 -<br>Rip off man -<br>Force                           | Slant inside 45 -<br>Rip off man -<br>Squeeze Pursuit Angle | Slant inside 45 -<br>Rip off man - Rip off<br>man - stay in lane                            |

# 20, 40, 80 & 80 Cut



40 is all 4 in a Pass Rush Mode

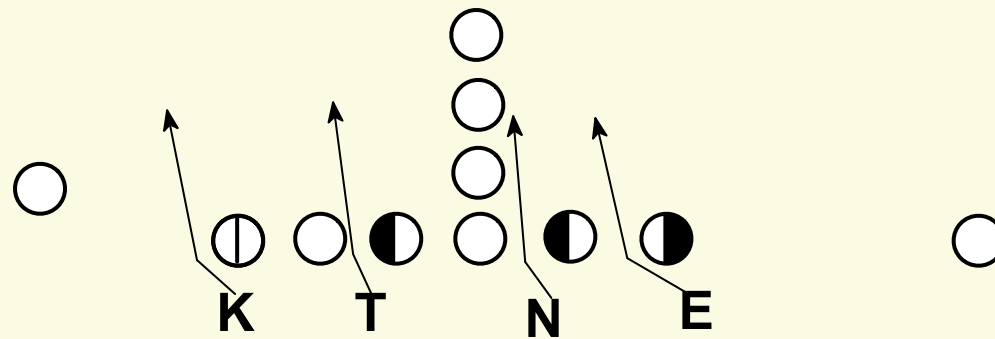
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Bs1

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| 20,40,<br>80,80cut | ALIGN.                               | KEY                               | RUN TO   | RUN AWAY  | PASS  |
|--------------------|--------------------------------------|-----------------------------------|--|---|---|
| MIKE               | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                      | Down hill - force<br>inside - out                                   | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM                | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                      | Down hill - squeeze -<br>inside - out pursuit angle                 | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL               | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                      | Down hill - squeeze -<br>inside - out pursuit angle                 | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY     | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                                    | Depends on coverage   | Depends on coverage   |
| STRONG<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                                    | Depends on coverage   | Depends on coverage   |
| CORNERS            | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage                                    | Depends on coverage   | Depends on coverage   |
| KODIAK             | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain               | Ball get off - squeeze<br>down gap - run to the ball                | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE             | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - Pass rush<br>move - set attack the ball | Ball get off - Pass rush<br>move - Set - Squeeze -<br>Pursuit angle | Ball get off - Best pass<br>rush move - Attack QB<br>Stay in lane                           |
| NOSE               | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - Pass rush<br>move - set attack the ball | Ball get off - Pass rush<br>move - Set - Squeeze -<br>Pursuit angle | Ball get off - Best pass<br>rush move - Attack QB<br>Stay in lane                           |
| END                | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain               | Ball get off - squeeze<br>down gap - run to the ball                | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Slant Strong



Bh

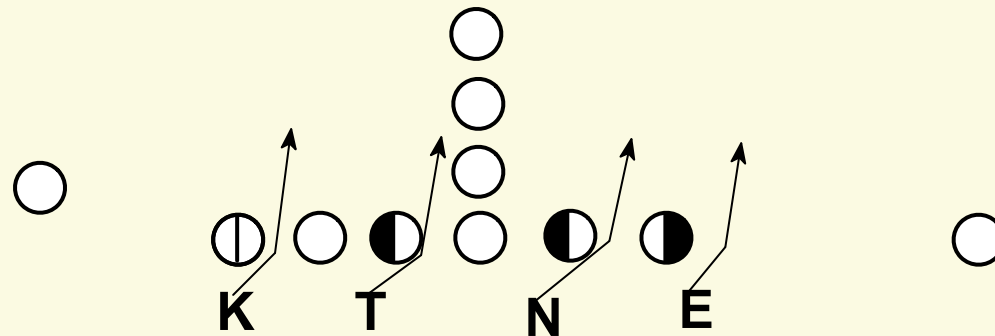
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| SLANT         | ALIGN.                         | KEY                         | RUN TO                                  | RUN AWAY  | PASS   |
|---------------|--------------------------------|-----------------------------|---|---|--|
| MIKE          | 10 tech stack nose             | strong side guard           | Down hill - force inside - out          | Down hill - force inside - out                            | 2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth    |
| SAM           | 60 tech stack tackle           | strong side guard           | Down hill - force inside - out          | Down hill - squeeze - inside - out pursuit angle          | 2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth |
| WILL          | 60 tech stack end              | weak side guard             | Down hill - force inside - out          | Down hill - squeeze - inside - out pursuit angle          | 2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth |
| FREE SAFETY   | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage                     | Depends on coverage                                       | Depends on coverage  |
| STRONG SAFETY | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage                     | Depends on coverage                                       | Depends on coverage  |
| CORNERS       | 5 yds deep outside shoulder #1 | QB - on/off line            | Depends on coverage                     | Depends on coverage                                       | Depends on coverage  |
| KODIAK        | 8 tech strong side             | Ball - head of man in front | Slant into gap 45 - Rip off man - Force | Slant into gap 45 - Rip off man - Squeeze - Pursuit angle | Slant into gap 45 - Rip off man - Pass rush move Attack QB - Contain               |
| TACKLE        | 3 tech strong side             | Ball - head of man in front | Slant into gap 45 - Rip off man - Force | Slant into gap 45 - Rip off man - Squeeze - Pursuit angle | Slant weak into gap 45 - Rip off man - Pass rush move Attack QB - Stay line        |
| NOSE          | 1 tech weak side               | Ball - head of man in front | Slant into gap 45 - Rip off man - Force | Slant into gap 45 - Rip off man - Squeeze - Pursuit angle | Slant into gap 45 - Rip off man - Pass rush move Attack QB - Stay line             |
| END           | 6 tech weak side               | Ball - head of man in front | Slant into gap 45 - Rip off man - Force | Slant into gap 45 - Rip off man - Squeeze - Pursuit angle | Slant into gap 45 - Rip off man - Pass rush move Attack QB - Contain               |



# Slant Weak



Bh

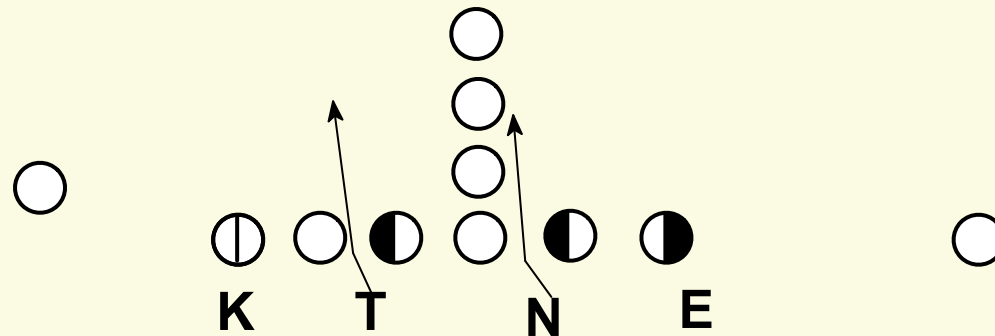
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| SLANT         | ALIGN.                         | KEY                         | RUN TO                                  | RUN AWAY  | PASS   |
|---------------|--------------------------------|-----------------------------|---|---|--|
| MIKE          | 10 tech stack nose             | strong side guard           | Down hill - force inside - out          | Down hill - force inside - out                            | 2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth    |
| SAM           | 60 tech stack tackle           | strong side guard           | Down hill - force inside - out          | Down hill - squeeze - inside - out pursuit angle          | 2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth |
| WILL          | 60 tech stack end              | weak side guard             | Down hill - force inside - out          | Down hill - squeeze - inside - out pursuit angle          | 2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth |
| FREE SAFETY   | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage                     | Depends on coverage                                       | Depends on coverage  |
| STRONG SAFETY | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage                     | Depends on coverage                                       | Depends on coverage  |
| CORNERS       | 5 yds deep outside shoulder #1 | QB - on/off line            | Depends on coverage                     | Depends on coverage                                       | Depends on coverage  |
| KODIAK        | 8 tech strong side             | Ball - head of man in front | Slant into gap 45 - Rip off man - Force | Slant into gap 45 - Rip off man - Squeeze - Pursuit angle | Slant into gap 45 - Rip off man - Pass rush move Attack QB - Contain               |
| TACKLE        | 3 tech strong side             | Ball - head of man in front | Slant into gap 45 - Rip off man - Force | Slant into gap 45 - Rip off man - Squeeze - Pursuit angle | Slant weak into gap 45 - Rip off man - Pass rush move Attack QB - Stay line        |
| NOSE          | 1 tech weak side               | Ball - head of man in front | Slant into gap 45 - Rip off man - Force | Slant into gap 45 - Rip off man - Squeeze - Pursuit angle | Slant into gap 45 - Rip off man - Pass rush move Attack QB - Stay line             |
| END           | 6 tech weak side               | Ball - head of man in front | Slant into gap 45 - Rip off man - Force | Slant into gap 45 - Rip off man - Squeeze - Pursuit angle | Slant into gap 45 - Rip off man - Pass rush move Attack QB - Contain               |

# Shift Strong

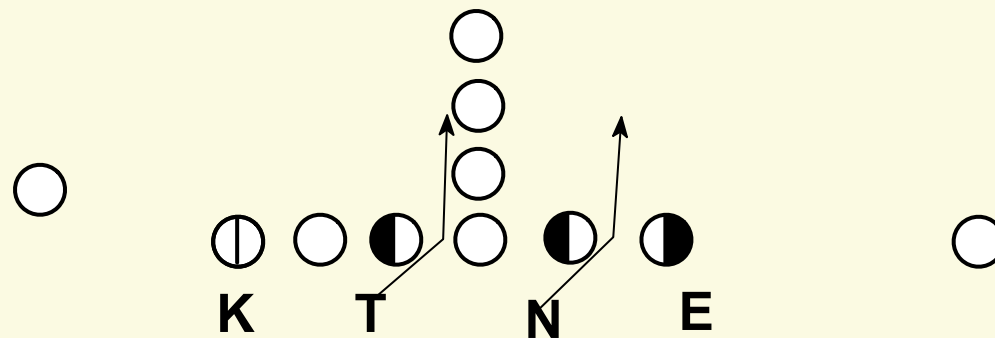
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| SHIFT            | ALIGN.                               | KEY                               | RUN TO  | RUN AWAY  | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|---|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out             | Down hill - force<br>inside - out                               | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out             | Down hill - squeeze -<br>inside - out pursuit angle             | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out             | Down hill - squeeze -<br>inside - out pursuit angle             | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                           | Depends on coverage   | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                           | Depends on coverage   | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage                           | Depends on coverage   | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain      | Ball get off - squeeze<br>down gap - run to the ball            | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Slant into gap 45 -<br>Rip off man -<br>Force | Slant into gap 45 -<br>Rip off man - Squeeze -<br>Pursuit angle | Slant weak into gap 45<br>Rip off man-Pass rush<br>move AttackQB-Stay in                    |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Slant into gap 45 -<br>Rip off man -<br>Force | Slant into gap 45 -<br>Rip off man - Squeeze -<br>Pursuit angle | Slant weak into gap 45<br>Rip off man-Pass rush<br>move AttackQB-Stay in                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain      | Ball get off - squeeze<br>down gap - run to the ball            | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Shift Weak



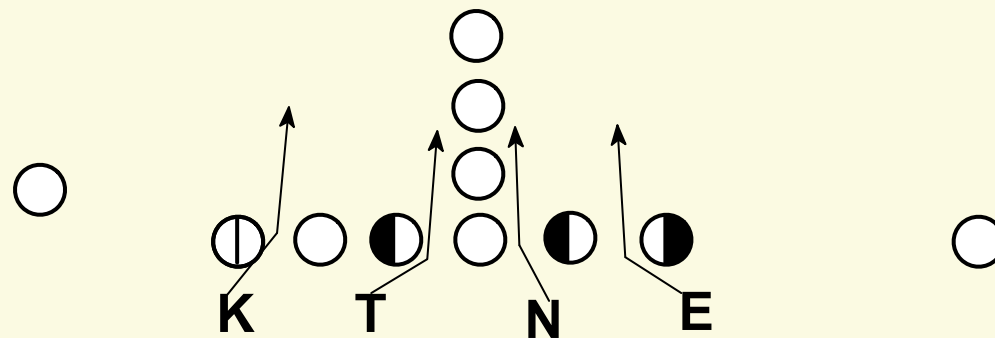
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| SHIFT            | ALIGN.                               | KEY                               | RUN TO  | RUN AWAY  | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|---|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out             | Down hill - force<br>inside - out                               | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out             | Down hill - squeeze -<br>inside - out pursuit angle             | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out             | Down hill - squeeze -<br>inside - out pursuit angle             | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                           | Depends on coverage   | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                           | Depends on coverage   | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage                           | Depends on coverage   | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain      | Ball get off - squeeze<br>down gap - run to the ball            | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Slant into gap 45 -<br>Rip off man -<br>Force | Slant into gap 45 -<br>Rip off man - Squeeze -<br>Pursuit angle | Slant weak into gap 45<br>Rip off man-Pass rush<br>move AttackQB-Stay in                    |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Slant into gap 45 -<br>Rip off man -<br>Force | Slant into gap 45 -<br>Rip off man - Squeeze -<br>Pursuit angle | Slant weak into gap 45<br>Rip off man-Pass rush<br>move AttackQB-Stay in                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain      | Ball get off - squeeze<br>down gap - run to the ball            | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Pinch (str,wk)



Bh

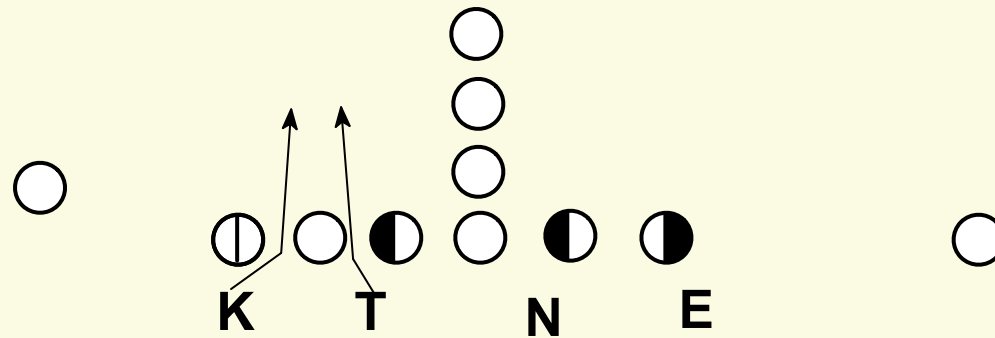
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| PINCH            | ALIGN.                               | KEY                               | RUN TO   | RUN AWAY   | PASS  |
|------------------|--------------------------------------|-----------------------------------|--|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                  | Down hill - force<br>inside - out                                  | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                  | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                  | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                                | Depends on coverage  | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                                | Depends on coverage  | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage                                | Depends on coverage  | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Slant weak into gap 45<br>Rip off man -<br>Force   | Slant weak into gap 45<br>Rip off man - Squeeze<br>Pursuit angle   | Slant weak into gap 45<br>Rip off man - Pass rush<br>move Attack QB - Conta                 |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Slant weak into gap 45<br>Rip off man -<br>Force   | Slant weak into gap 45<br>Rip off man - Squeeze<br>Pursuit angle   | Slant weak into gap 45 -<br>Rip off man-Pass rush n<br>AttackQB-Stay line                   |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Slant strong into gap 45<br>Rip off man -<br>Force | Slant strong into gap 45<br>Rip off man - Squeeze<br>Pursuit angle | Slant strong into gap 45<br>Rip off man-Pass rush n<br>AttackQB-Stay line                   |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Slant weak into gap 45<br>Rip off man -<br>Force   | Slant strong into gap 45<br>Rip off man - Squeeze<br>Pursuit angle | Slant strong into gap 45<br>Rip off man - Pass rush<br>move Attack QB - Conta               |

# Wedge



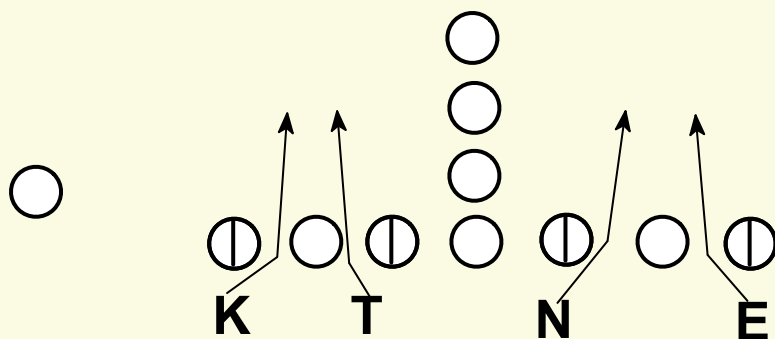
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| WEDGE         | ALIGN.                         | KEY                         | RUN TO  | RUN AWAY   | PASS   |
|---------------|--------------------------------|-----------------------------|---|--|--|
| MIKE          | 10 tech stack nose             | strong side guard           | Down hill - force inside - out                                  | Down hill - force inside - out                                 | 2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth    |
| SAM           | 60 tech stack tackle           | strong side guard           | Down hill - force inside - out                                  | Down hill - squeeze - inside - out pursuit angle               | 2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth |
| WILL          | 60 tech stack end              | weak side guard             | Down hill - force inside - out                                  | Down hill - squeeze - inside - out pursuit angle               | 2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth |
| FREE SAFETY   | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage   | Depends on coverage  | Depends on coverage  |
| STRONG SAFETY | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage   | Depends on coverage  | Depends on coverage  |
| CORNERS       | 5 yds deep outside shoulder #1 | QB - on/off line            | Depends on coverage   | Depends on coverage  | Depends on coverage  |
| KODIAK        | 8 tech strong side             | Ball - head of man in front | Slant weak into gap 45 - Rip off man - Force                    | Slant weak into gap 45 - Rip off man - Squeeze - Pursuit angle | Slant weak into gap 45 - Rip off man - Regain outside contain                      |
| TACKLE        | 3 tech strong side             | Ball - head of man in front | Slant weak into gap 45 - Rip off man - Force                    | Slant weak into gap 45 - Rip off man - Squeeze - Pursuit angle | Slant weak into gap 45 - Rip off man - Pass rush n Attack QB - Stay in lane        |
| NOSE          | 1 tech weak side               | Ball - head of man in front | Ball get off - do not get hooked by man on you control your gap | ball get off - squeeze down gap - run to the ball              | Ball get off Give a pass rush move Stay in lanes -                                 |
| END           | 6 tech weak side               | Ball - head of man in front | Ball get off - set the corner Contain                           | ball get off - squeeze down gap - run to the ball              | Ball get off Give a pass rush move Stay in lanes - contain                         |

# Double Wedge



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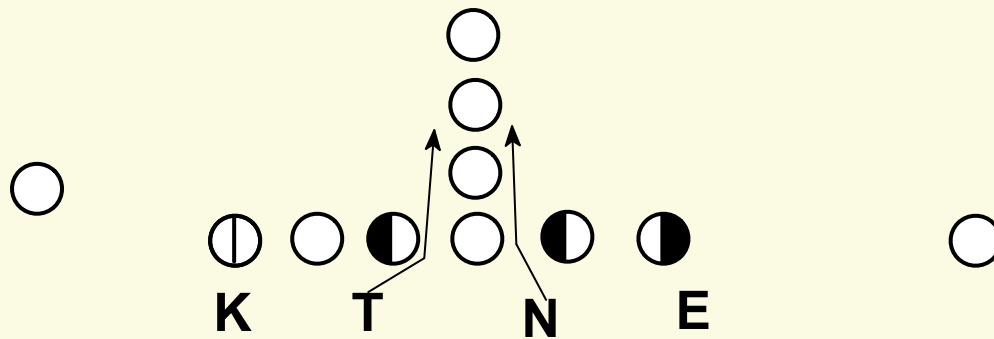
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| DOUBLE<br>WEDGE  | ALIGN.                               | KEY                               | RUN TO   | RUN AWAY   | PASS  |
|------------------|--------------------------------------|-----------------------------------|--|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                | Down hill - force<br>inside - out                                | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                | Down hill - squeeze -<br>inside - out pursuit angle              | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                | Down hill - squeeze -<br>inside - out pursuit angle              | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                              | Depends on coverage  | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                              | Depends on coverage  | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage                              | Depends on coverage  | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Slant weak into gap 45<br>Rip off man -<br>Force | Slant weak into gap 45<br>Rip off man - Squeeze<br>Pursuit angle | Slant weak into gap 45 -<br>Rip off man -<br>Regain outside contain                         |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Slant weak into gap 45<br>Rip off man -<br>Force | Slant weak into gap 45<br>Rip off man - Squeeze<br>Pursuit angle | Slant weak into gap 45 -<br>Rip off man - Pass rush m<br>Attack QB - Stay in lane           |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Slant weak into gap 45<br>Rip off man -<br>Force | Slant weak into gap 45<br>Rip off man - Squeeze<br>Pursuit angle | Slant weak into gap 45 -<br>Rip off man -<br>Regain outside contain                         |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Slant weak into gap 45<br>Rip off man -<br>Force | Slant weak into gap 45<br>Rip off man - Squeeze<br>Pursuit angle | Slant weak into gap 45 -<br>Rip off man - Pass rush n<br>Attack QB - Stay in lane           |

# Pop-In

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Bs1

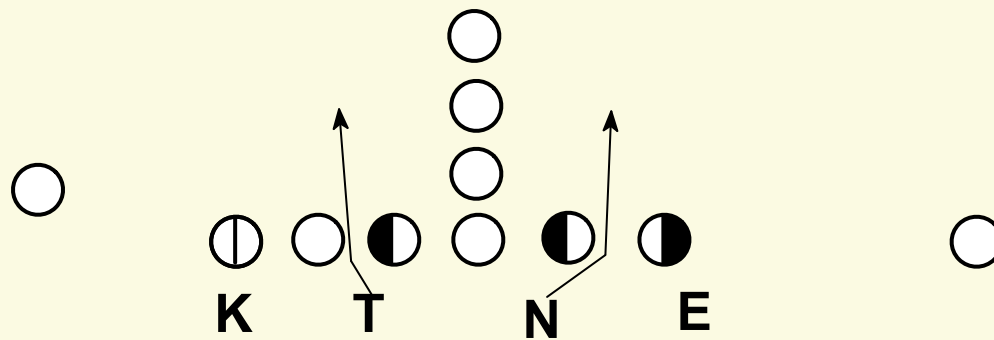
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| POP - IN         | ALIGN.                               | KEY                               | RUN TO   | RUN AWAY   | PASS  |
|------------------|--------------------------------------|-----------------------------------|--|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                  | Down hill - force<br>inside - out                                  | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                  | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                  | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                                | Depends on coverage  | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                                | Depends on coverage  | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage                                | Depends on coverage  | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain           | Ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Slant weak into gap 45<br>Rip off man -<br>Force   | Slant weak into gap 45<br>Rip off man - Squeeze<br>Pursuit angle   | Slant weak into gap 45 -<br>Rip off man-Pass rush n<br>AttackQB-Stay line                   |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Slant strong into gap 45<br>Rip off man -<br>Force | Slant strong into gap 45<br>Rip off man - Squeeze<br>Pursuit angle | Slant strong into gap 45<br>Rip off man-Pass rush n<br>AttackQB-Stay line                   |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain           | Ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush mov<br>Stay in lanes - contain                             |



# Pop-Out

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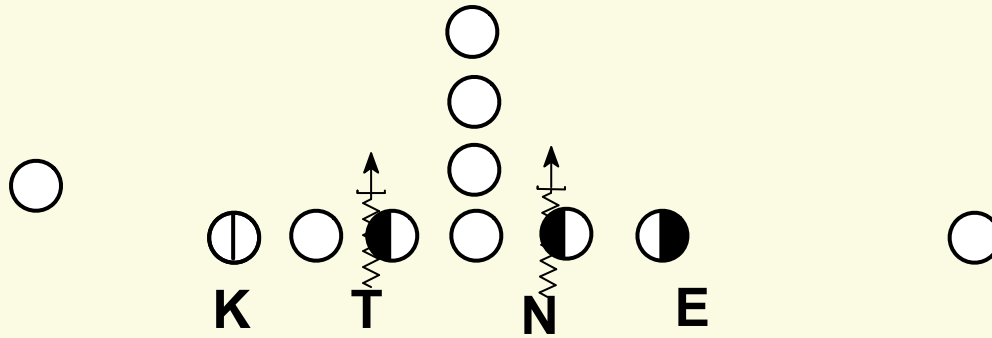
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| POP - OUT        | ALIGN.                               | KEY                               | RUN TO   | RUN AWAY   | PASS  |
|------------------|--------------------------------------|-----------------------------------|--|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                  | Down hill - force<br>inside - out                                  | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                  | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                  | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                                | Depends on coverage  | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                                | Depends on coverage  | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage                                | Depends on coverage  | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain           | Ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Slant strong into gap 45<br>Rip off man -<br>Force | Slant strong into gap 45<br>Rip off man - Squeeze<br>Pursuit angle | Slant strong into gap 45<br>Rip off man - Pass rush m<br>AttackQB - Stay line               |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Slant weak into gap 45<br>Rip off man -<br>Force   | Slant weak into gap 45<br>Rip off man - Squeeze<br>Pursuit angle   | Slant weak into gap 45 -<br>Rip off man - Pass rush m<br>AttackQB - Stay line               |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain           | Ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Dig

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Bh

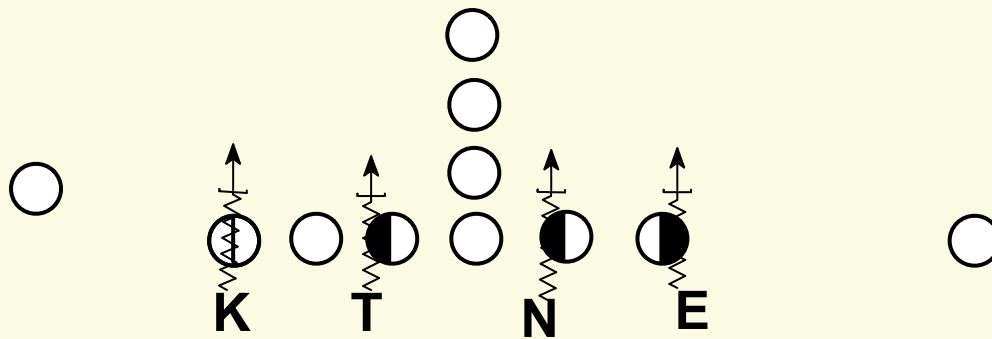
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| DIG              | ALIGN.                               | KEY                               | RUN TO  | RUN AWAY  | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|---|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out   | Down hill - force<br>inside - out   | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth          |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out   | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth       |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out   | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth       |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage   | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage   | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage   | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain  | ball get off - squeeze<br>down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                                  |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack QB |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack QB |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain  | ball get off - squeeze<br>down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                                  |

# Bark

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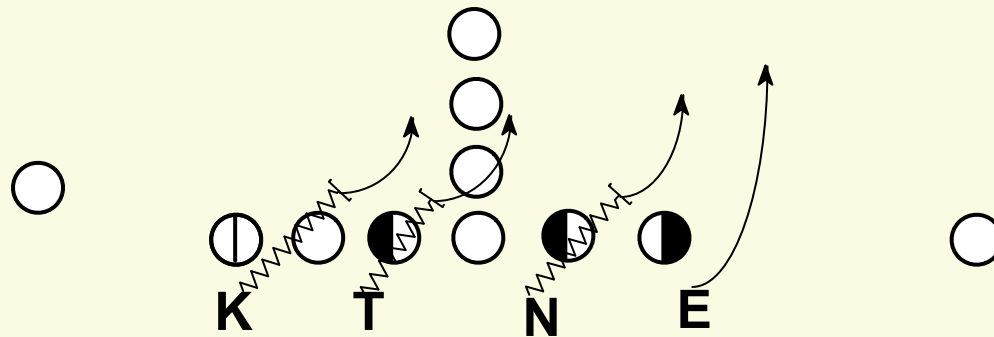
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| BARK             | ALIGN.                               | KEY                               | RUN TO  | RUN AWAY  | PASS   |
|------------------|--------------------------------------|-----------------------------------|---|---|--|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out   | Down hill - force<br>inside - out   | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth       |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out   | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth    |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out   | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth    |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage   | Depends on coverage  |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage   | Depends on coverage  |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage   | Depends on coverage  |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack |

# Crash



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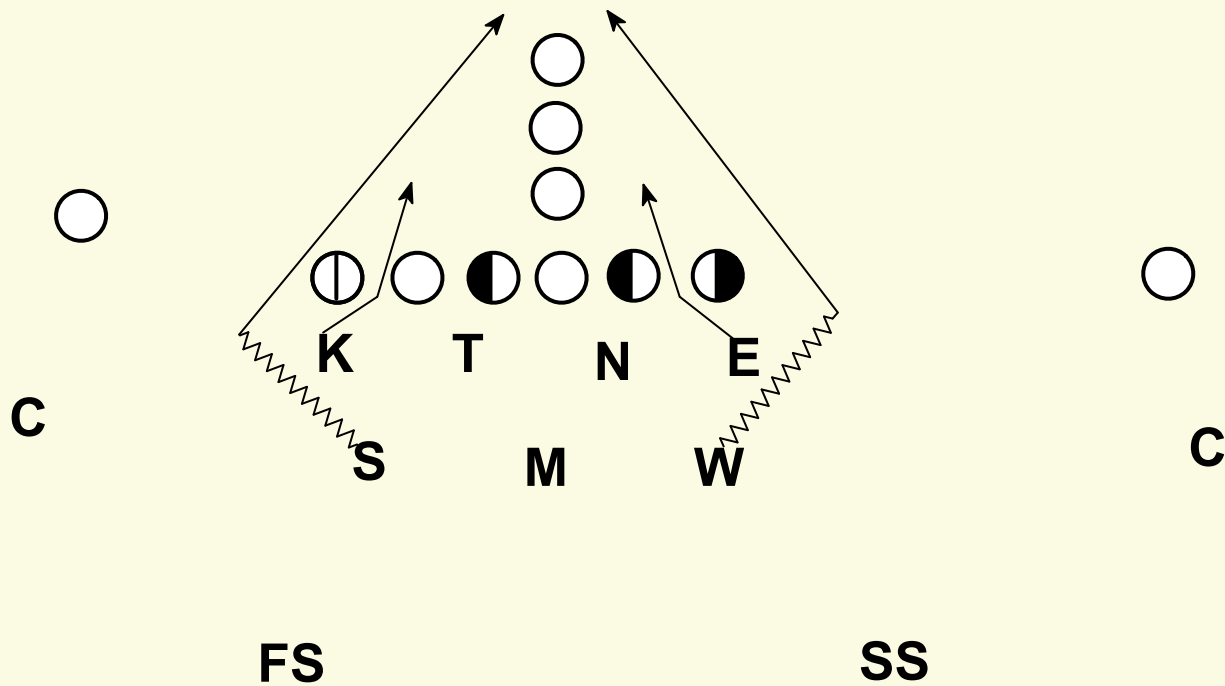
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| CRASH            | ALIGN.                               | KEY                               | RUN TO  | RUN AWAY  | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|---|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out   | Down hill - force<br>inside - out   | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out   | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out   | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage   | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage   | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage   | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Slant into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Slant into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Slant into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Fire out into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack ball | Slant into upper shin/<br>lower thigh of man, Bear<br>crawl thru the man , pop<br>up attack |

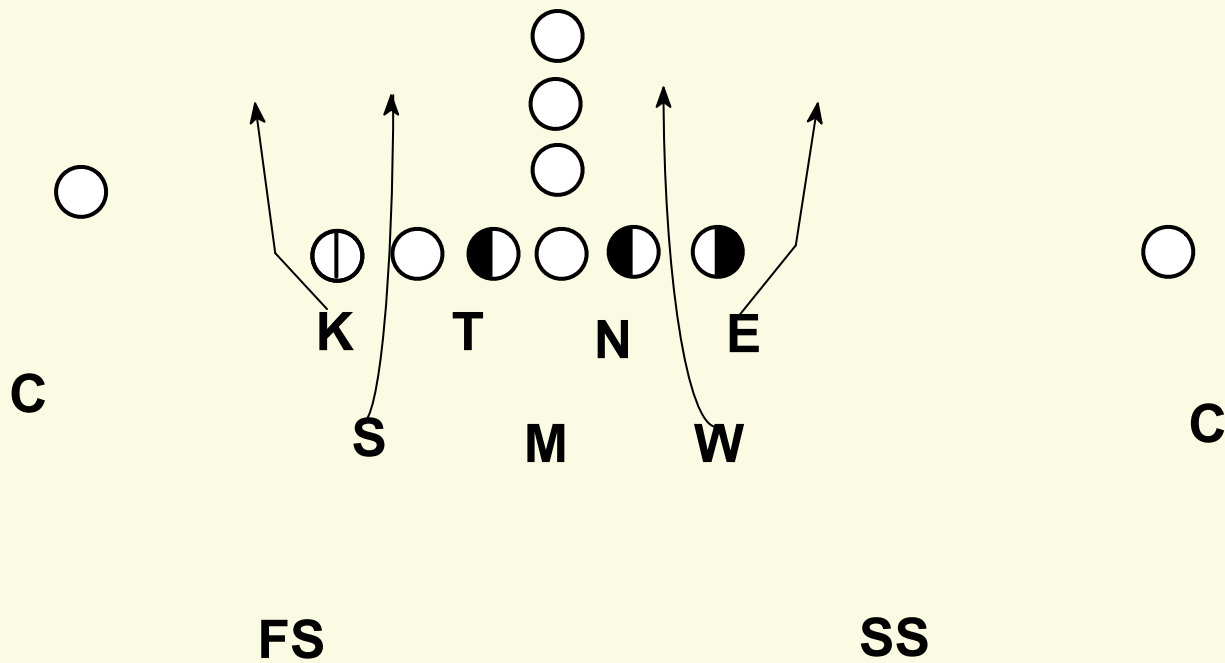


# Jet



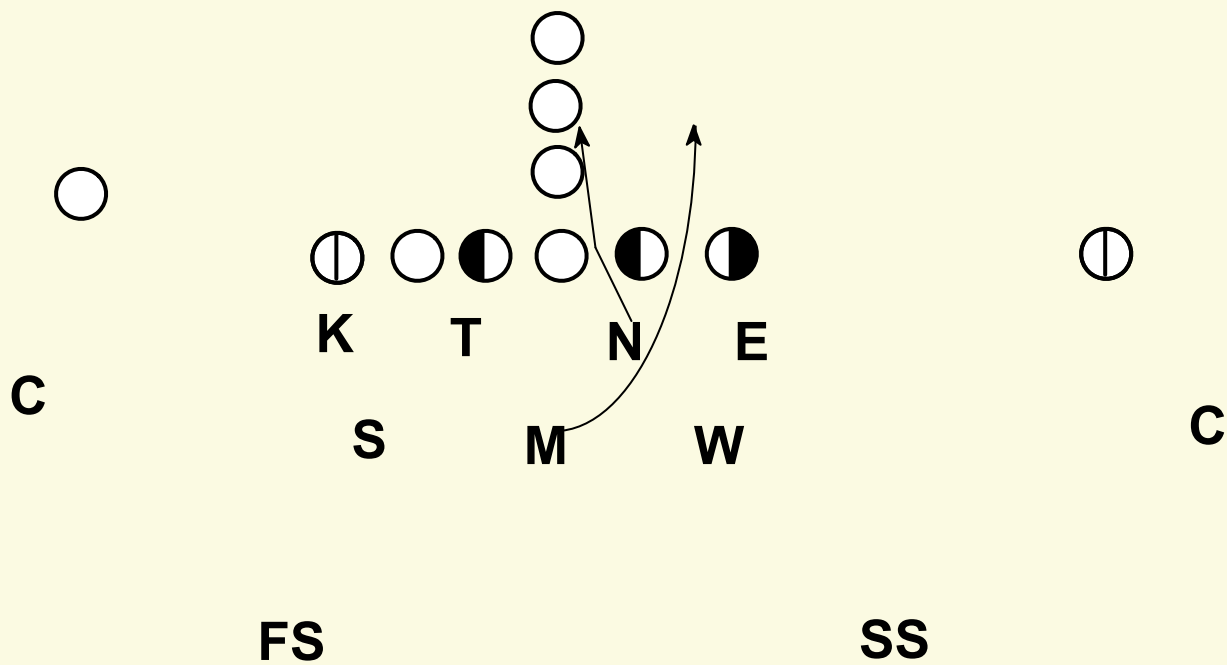
| JET           | ALIGN.                         | KEY                         | RUN TO  | RUN AWAY  | PASS  |
|---------------|--------------------------------|-----------------------------|---|---|---|
| MIKE          | 10 tech stack nose             | strong side guard           | Down hill - force inside - out                                  | Down hill - force inside - out  | 2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth |
| SAM           | 60 tech stack tackle           | Outside Contain Blitz       | Blitz outside contain - Force everything inside                 | Blitz outside contain - Check boot & reverse - Redirect - Pursuit angle | Blitz outside contain - Contain boot & sprint - Attack QB                       |
| WILL          | 60 tech stack end              | Outside Contain Blitz       | Blitz outside contain - Force everything inside                 | Blitz outside contain - Check boot & reverse - Redirect - Pursuit angle | Blitz outside contain - Contain boot & sprint - Attack QB                       |
| FREE SAFETY   | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage   | Depends on coverage   | Depends on coverage   |
| STRONG SAFETY | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage   | Depends on coverage   | Depends on coverage   |
| CORNERS       | 5 yds deep outside shoulder #1 | QB - on/off line            | Depends on coverage   | Depends on coverage   | Depends on coverage   |
| KODIAK        | 8 tech strong side             | Blitz thru strong C gap     | Blitz thru strong C gap - Force                                 | Blitz thru strong C gap - Redirect - Pursuit angle                      | Blitz thru strong C gap - Pass rush move - Stay in lane                         |
| TACKLE        | 3 tech strong side             | Ball - head of man in front | Ball get off - do not get hooked by man on you control your gap | ball get off - squeeze down gap - run to the ball                       | Ball get off Give a pass rush move Stay in lanes -                              |
| NOSE          | 1 tech weak side               | Ball - head of man in front | Ball get off - do not get hooked by man on you control your gap | ball get off - squeeze down gap - run to the ball                       | Ball get off Give a pass rush move Stay in lanes -                              |
| END           | 6 tech weak side               | Blitz thru weak B gap       | Blitz thru weak B gap - Force                                   | Blitz thru weak B gap - Redirect - Pursuit angle                        | Blitz thru weak B gap - Pass rush move - Stay in lane                           |

# Thunder



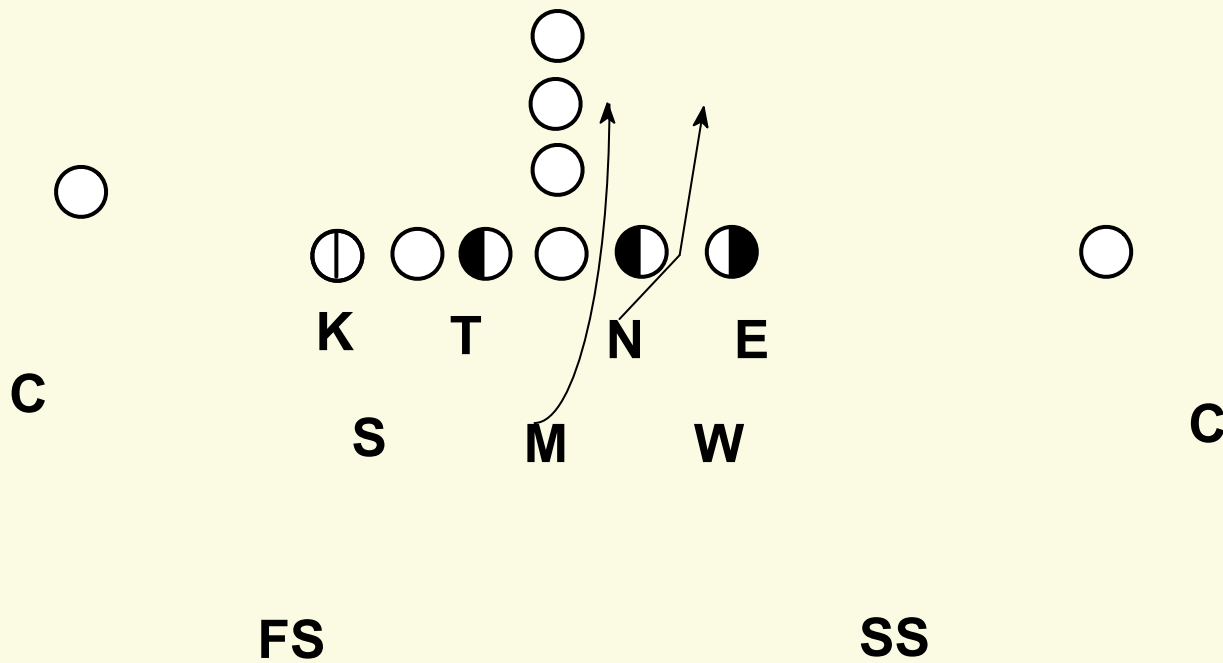
| THUNDER       | ALIGN.                         | KEY                         | RUN TO  | RUN AWAY   | PASS  |
|---------------|--------------------------------|-----------------------------|---|--|---|
| MIKE          | 10 tech stack nose             | strong side guard           | Down hill - force inside - out                                  | Down hill - force inside - out                     | 2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth |
| SAM           | 60 tech stack tackle           | Blitz thru strong C Gap     | Blitz thru strong C gap - Force                                 | Blitz thru strong C gap - Redirect - Pursuit angle | Blitz thru strong C gap - Attack QB   |
| WILL          | 60 tech stack end              | Blitz thru Weak B Gap       | Blitz thru Weak B gap - Force                                   | Blitz thru weak B gap - Redirect - Pursuit angle   | Blitz thru weak B gap - Attack QB   |
| FREE SAFETY   | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage   | Depends on coverage                                | Depends on coverage   |
| STRONG SAFETY | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage   | Depends on coverage                                | Depends on coverage   |
| CORNERS       | 5 yds deep outside shoulder #1 | QB - on/off line            | Depends on coverage   | Depends on coverage                                | Depends on coverage   |
| KODIAK        | 8 tech strong side             | Blitz thru strong D gap     | Blitz thru strong D gap - Force - Contain                       | Blitz thru strong D gap - Redirect - Pursuit angle | Blitz thru strong D gap - Pass rush move - Contain                              |
| TACKLE        | 3 tech strong side             | Ball - head of man in front | Ball get off - do not get hooked by man on you control your gap | ball get off - squeeze down gap - run to the ball  | Ball get off Give a pass rush move Stay in lanes -                              |
| NOSE          | 1 tech weak side               | Ball - head of man in front | Ball get off - do not get hooked by man on you control your gap | ball get off - squeeze down gap - run to the ball  | Ball get off Give a pass rush move Stay in lanes -                              |
| END           | 6 tech weak side               | Blitz thru weak C gap       | Blitz thru weak C gap - Force - Contain                         | Blitz thru weak C gap - Redirect - Pursuit angle   | Blitz thru weak C gap - Pass rush move - Contain                                |

# Man



| MAN           | ALIGN.                         | KEY                         | RUN TO  | RUN AWAY  | PASS   |
|---------------|--------------------------------|-----------------------------|---|---|--|
| MIKE          | 10 tech stack nose             | Blitz thru weak B gap       | Blitz thru weak B gap - Force                                   | Blitz thru weak B gap - Redirect - Pursuit angle  | Blitz thru weak B gap - Attack QB  |
| SAM           | 60 tech stack tackle           | strong side guard           | Down hill - force inside - out                                  | Down hill - squeeze - inside - out pursuit angle  | 2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth |
| WILL          | 60 tech stack end              | weak side guard             | Down hill - force inside - out                                  | Down hill - squeeze - inside - out pursuit angle  | 2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth |
| FREE SAFETY   | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage   | Depends on coverage                               | Depends on coverage  |
| STRONG SAFETY | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage   | Depends on coverage                               | Depends on coverage  |
| CORNERS       | 5 yds deep outside shoulder #1 | QB - on/off line            | Depends on coverage   | Depends on coverage                               | Depends on coverage  |
| KODIAK        | 8 tech strong side             | Ball - head of man in front | Ball get off - set the corner - Contain                         | ball get off - squeeze down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                   |
| TACKLE        | 3 tech strong side             | Ball - head of man in front | Ball get off - do not get hooked by man on you control your gap | ball get off - squeeze down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                           |
| NOSE          | 1 tech weak side               | Blitz thru weak A gap       | Blitz thru weak A gap - Force                                   | Blitz thru weak A gap - Redirect - Pursuit angle  | Blitz thru weak A gap - Attack QB  |
| END           | 6 tech weak side               | Ball - head of man in front | Ball get off - set the corner - Contain                         | ball get off - squeeze down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                   |

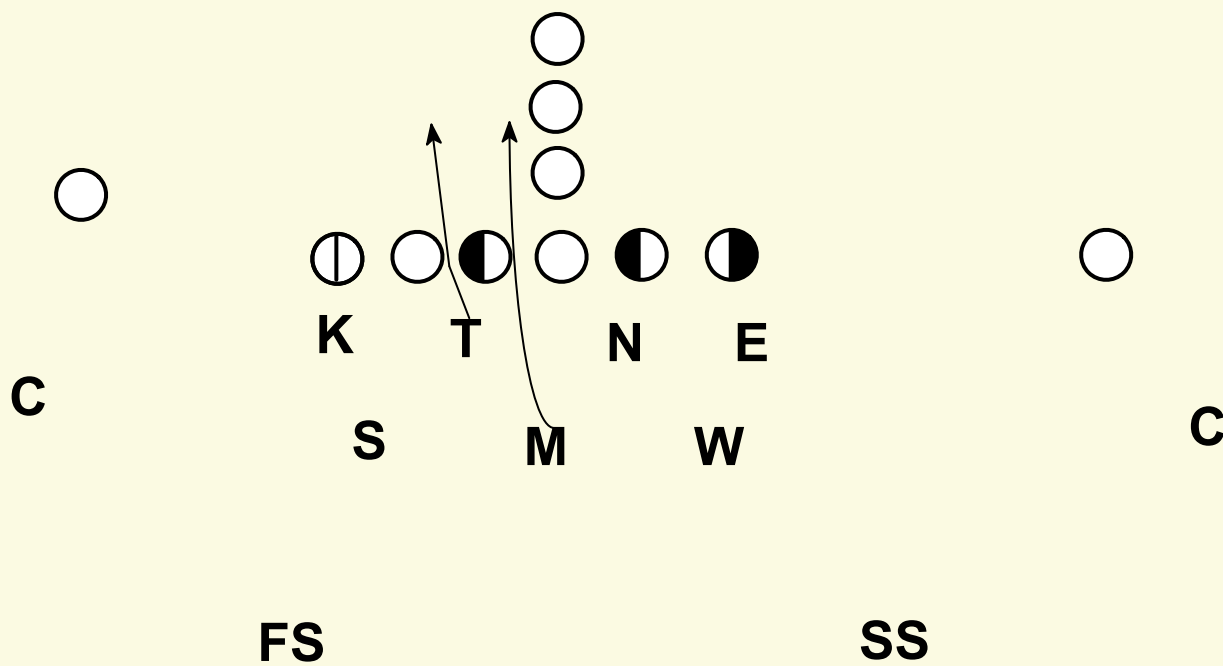
# Woman



| WOMAN         | ALIGN.                         | KEY                         | RUN TO  | RUN AWAY  | PASS   |
|---------------|--------------------------------|-----------------------------|---|---|--|
| MIKE          | 10 tech stack nose             | Blitz thru weak A gap       | Blitz thru weak A gap - Force                                     | Blitz thru weak A gap - Redirect - Pursuit angle  | Blitz thru weak A gap - Attack QB  |
| SAM           | 60 tech stack tackle           | strong side guard           | Down hill - force inside - out                                    | Down hill - squeeze - inside - out pursuit angle  | 2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth |
| WILL          | 60 tech stack end              | weak side guard             | Down hill - force inside - out                                    | Down hill - squeeze - inside - out pursuit angle  | 2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth |
| FREE SAFETY   | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage   | Depends on coverage                               | Depends on coverage  |
| STRONG SAFETY | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage   | Depends on coverage                               | Depends on coverage  |
| CORNERS       | 5 yds deep outside shoulder #1 | QB - on/off line            | Depends on coverage   | Depends on coverage                               | Depends on coverage  |
| KODIAK        | 8 tech strong side             | Ball - head of man in front | Ball get off - set the corner - Contain                           | ball get off - squeeze down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                   |
| TACKLE        | 3 tech strong side             | Ball - head of man in front | Ball get off - do not get hooked by man on you - control your gap | ball get off - squeeze down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes -                           |
| NOSE          | 1 tech weak side               | Blitz thru weak B gap       | Blitz thru weak B gap - Force                                     | Blitz thru weak B gap - Redirect - Pursuit angle  | Blitz thru weak B gap - Attack QB  |
| END           | 6 tech weak side               | Ball - head of man in front | Ball get off - set the corner - Contain                           | ball get off - squeeze down gap - run to the ball | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                   |

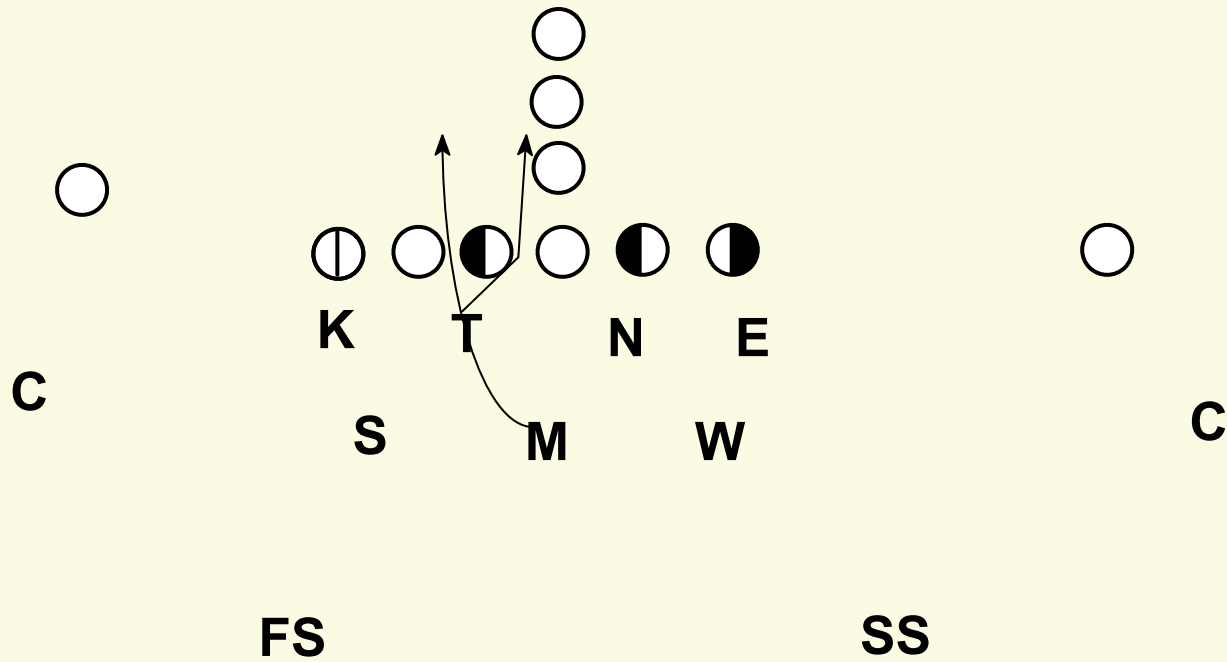


# Mat



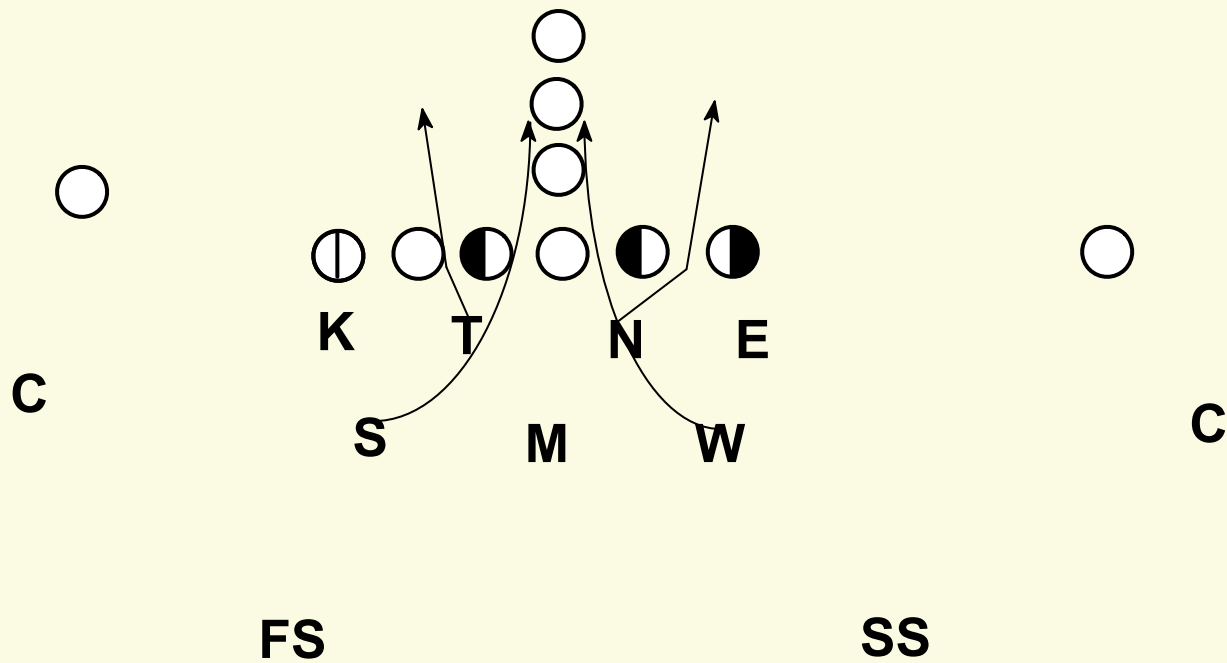
| MAT              | ALIGN.                               | KEY                               | RUN TO  | RUN AWAY  | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|---|---|
| MIKE             | 10 tech<br>stack nose                | Blitz thru<br>strong A gap        | Blitz thru strong A gap -<br>Force                                    | Blitz thru strong A gap -<br>Redirect - Pursuit angle | Blitz thru strong A gap -<br>Attack QB  |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                   | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                   | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage                                   | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | Ball get off - squeeze<br>down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Blitz thru<br>strong B gap        | Blitz thru strong B gap -<br>Force                                    | Blitz thru strong B gap -<br>Redirect - Pursuit angle | Blitz thru strong B gap -<br>Attack QB  |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | ball get off - squeeze<br>down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Tap



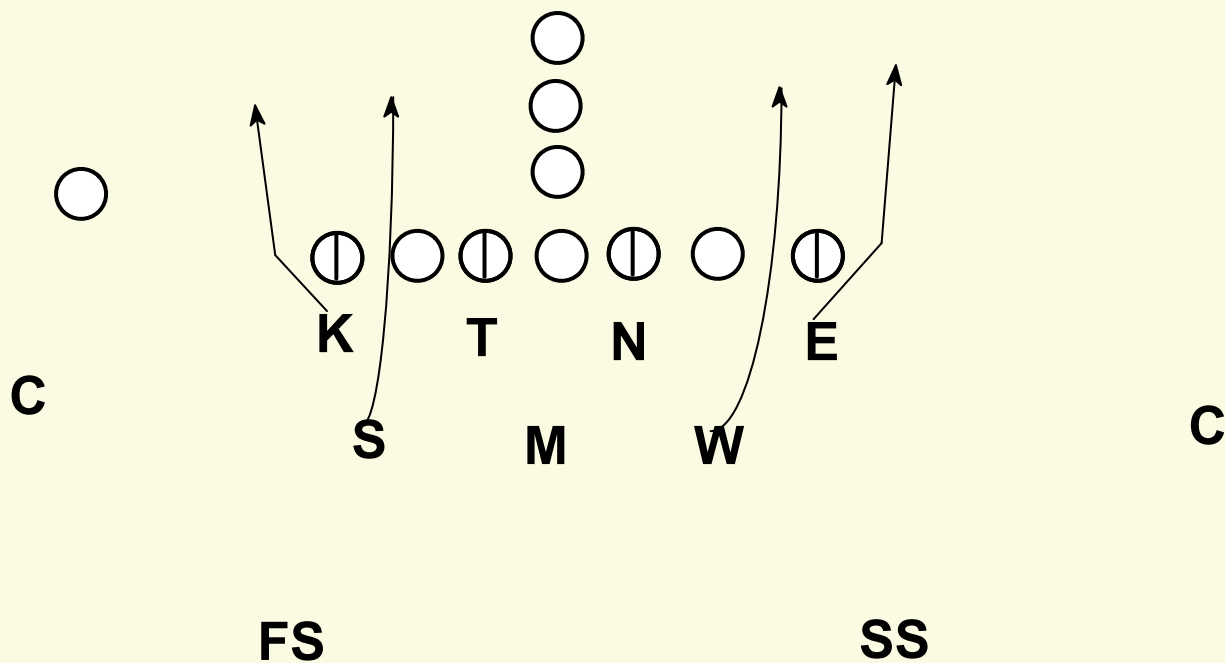
| TAP              | ALIGN.                               | KEY                               | RUN TO  | RUN AWAY  | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|---|---|
| MIKE             | 10 tech<br>stack nose                | Blitz thru<br>strong B gap        | Blitz thru strong B gap -<br>Force                                    | Blitz thru strong B gap -<br>Redirect - Pursuit angle | Blitz thru strong B gap -<br>Attack QB  |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                   | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage   | Depends on coverage                                   | Depends on coverage   |
|                  | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage   | Depends on coverage                                   | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | ball get off - squeeze<br>down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Blitz thru<br>strong A gap        | Blitz thru strong A gap -<br>Force                                    | Blitz thru strong A gap -<br>Redirect - Pursuit angle | Blitz thru strong A gap -<br>Attack QB  |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | ball get off - squeeze<br>down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Whale



| WHALE         | ALIGN.                         | KEY                         | RUN TO                                   | RUN AWAY   | PASS  |
|---------------|--------------------------------|-----------------------------|--|--|---|
| MIKE          | 10 tech stack nose             | strong side guard           | Down hill - force inside - out           | Down hill - force inside - out                     | 2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth |
| SAM           | 60 tech stack tackle           | Blitz thru strong A gap     | Blitz thru strong A gap - Force          | Blitz thru strong A gap - Redirect - Pursuit angle | Blitz thru strong A gap - Attack QB   |
| WILL          | 60 tech stack end              | Blitz thru weak A gap       | Blitz thru weak A gap - Force            | Blitz thru weak A gap - Redirect - Pursuit angle   | Blitz thru weak A gap - Attack QB   |
| FREE SAFETY   | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage                      | Depends on coverage                                | Depends on coverage   |
| STRONG SAFETY | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage                      | Depends on coverage                                | Depends on coverage   |
| CORNERS       | 5 yds deep outside shoulder #1 | QB - on/off line            | Depends on coverage                      | Depends on coverage                                | Depends on coverage   |
| KODIAK        | 8 tech strong side             | Ball - head of man in front | Ball get off - set the corner<br>Contain | ball get off - squeeze down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                |
| TACKLE        | 3 tech strong side             | Blitz thru strong B gap     | Blitz thru strong B gap - Force          | Blitz thru strong B gap - Redirect - Pursuit angle | Blitz thru strong B gap - Attack QB   |
| NOSE          | 1 tech weak side               | Blitz thru weak B gap       | Blitz thru weak B gap - Force            | Blitz thru weak B gap - Redirect - Pursuit angle   | Blitz thru weak B gap - Attack QB   |
| END           | 6 tech weak side               | Ball - head of man in front | Ball get off - set the corner<br>Contain | ball get off - squeeze down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                |

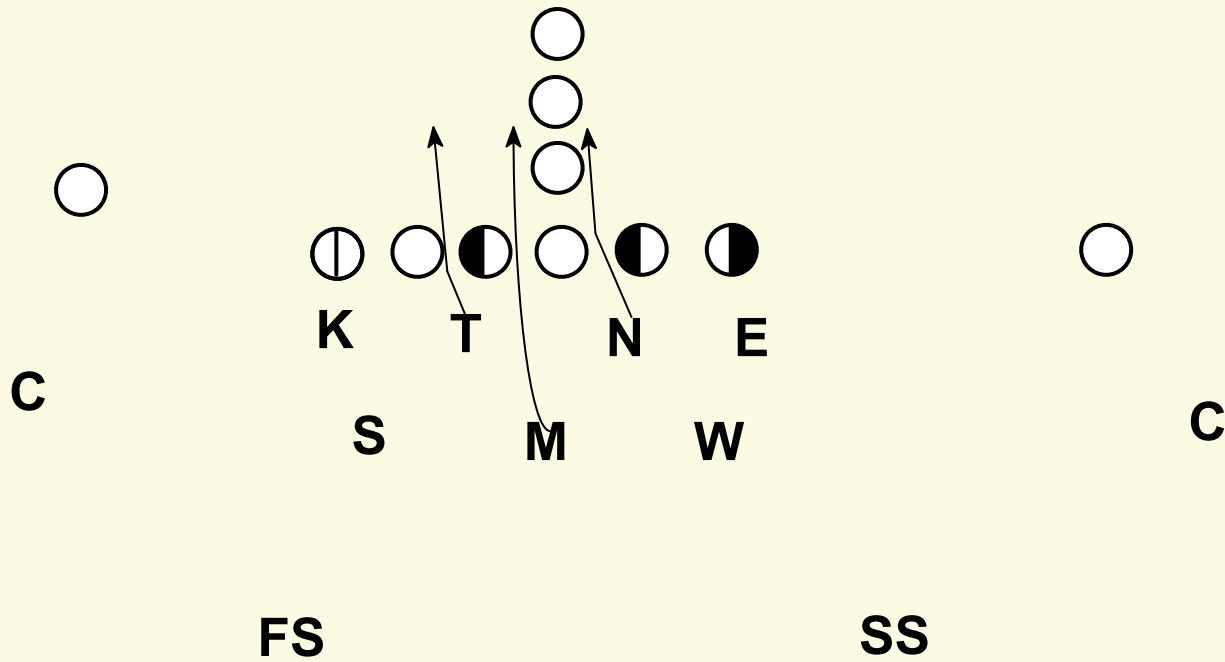
# Shoot



| SHOOT         | ALIGN.                         | KEY                         | RUN TO  | RUN AWAY   | PASS  |
|---------------|--------------------------------|-----------------------------|---|--|---|
| MIKE          | 10 tech stack nose             | strong side guard           | Down hill - force inside - out                                  | Down hill - force inside - out   | 2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth |
| SAM           | 60 tech stack tackle           | Blitz thru strong C Gap     | Blitz thru strong C gap - Force                                 | Blitz thru strong C gap - Redirect - Pursuit angle                             | Blitz thru strong C gap - Attack QB   |
| WILL          | 60 tech stack end              | Blitz thru weak C Gap       | Blitz thru weak C gap - Force, if 2 TE, if 1 TE run thunder     | Blitz thru weak C gap - Redirect - Pursuit angle, if 2 TE, if 1 TE run thunder | Blitz thru weak C gap - Attack QB, if 2 TE, if 1 TE run thunder                 |
| FREE SAFETY   | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage   | Depends on coverage  | Depends on coverage   |
| STRONG SAFETY | 10 yds deep on a hash          | QB - #1 - QB                | Depends on coverage   | Depends on coverage  | Depends on coverage   |
| CORNERS       | 5 yds deep outside shoulder #1 | QB - on/off line            | Depends on coverage   | Depends on coverage  | Depends on coverage   |
| KODIAK        | 8 tech strong side             | Blitz thru strong D gap     | Blitz thru strong D gap - Force - Contain                       | Blitz thru strong D gap - Redirect - Pursuit angle                             | Blitz thru strong D gap - Pass rush move - Contain                              |
| TACKLE        | 3 tech strong side             | Ball - head of man in front | Ball get off - do not get hooked by man on you control your gap | ball get off - squeeze down gap - run to the ball                              | Ball get off Give a pass rush move Stay in lanes -                              |
| NOSE          | 1 tech weak side               | Ball - head of man in front | Ball get off - do not get hooked by man on you control your gap | ball get off - squeeze down gap - run to the ball                              | Ball get off Give a pass rush move Stay in lanes -                              |
| END           | 6 tech weak side               | Blitz thru weak D Gap       | Blitz thru weak D gap - Force, if 2 TE, if 1 TE run thunder     | Blitz thru weak D gap - Redirect - Contain, if 2 TE, if 1 TE run thunder       | Blitz thru weak D gap - Attack QB, if 2 TE, if 1 TE run thunder                 |

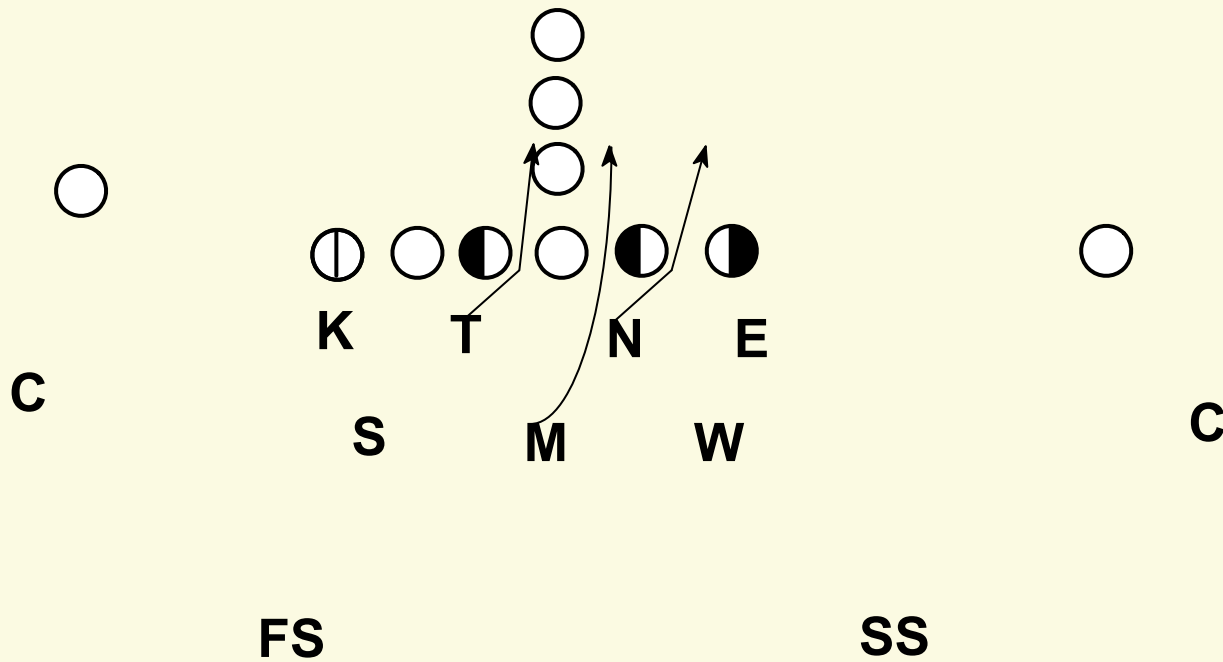


# Fire



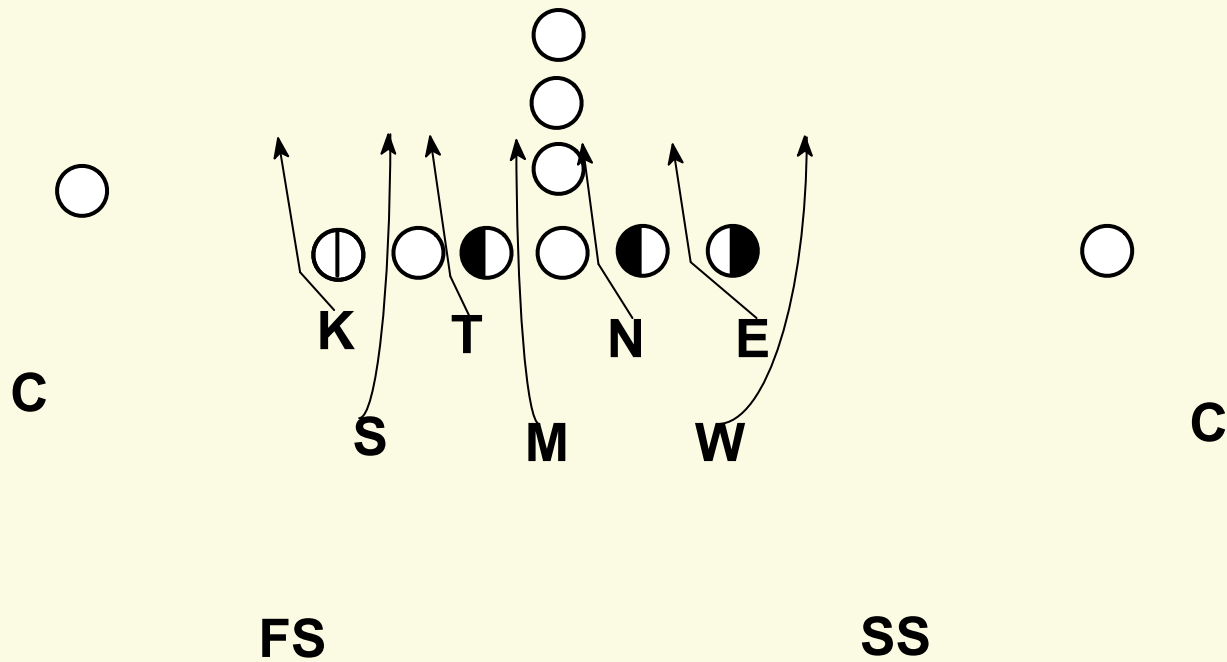
| FIRE             | ALIGN.                               | KEY                               | RUN TO                                   | RUN AWAY  | PASS  |
|------------------|--------------------------------------|-----------------------------------|--|---|---|
| MIKE             | 10 tech<br>stack nose                | Blitz thru<br>strong A gap        | Blitz thru strong A gap -<br>Force       | Blitz thru strong A gap -<br>Redirect - Pursuit angle | Blitz thru strong A gap -<br>Attack QB  |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out        | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out        | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                      | Depends on coverage                                   | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                      | Depends on coverage                                   | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage                      | Depends on coverage                                   | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain | Ball get off - squeeze<br>down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Blitz thru<br>strong B gap        | Blitz thru strong B gap -<br>Force       | Blitz thru strong B gap -<br>Redirect - Pursuit angle | Blitz thru strong B gap -<br>Attack QB  |
| NOSE             | 1 tech<br>weak side                  | Blitz thru<br>weak A gap          | Blitz thru weak A gap -<br>Force         | Blitz thru weak A gap -<br>Redirect - Pursuit angle   | Blitz thru weak A gap -<br>Attack QB  |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain | Ball get off - squeeze<br>down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Smoke



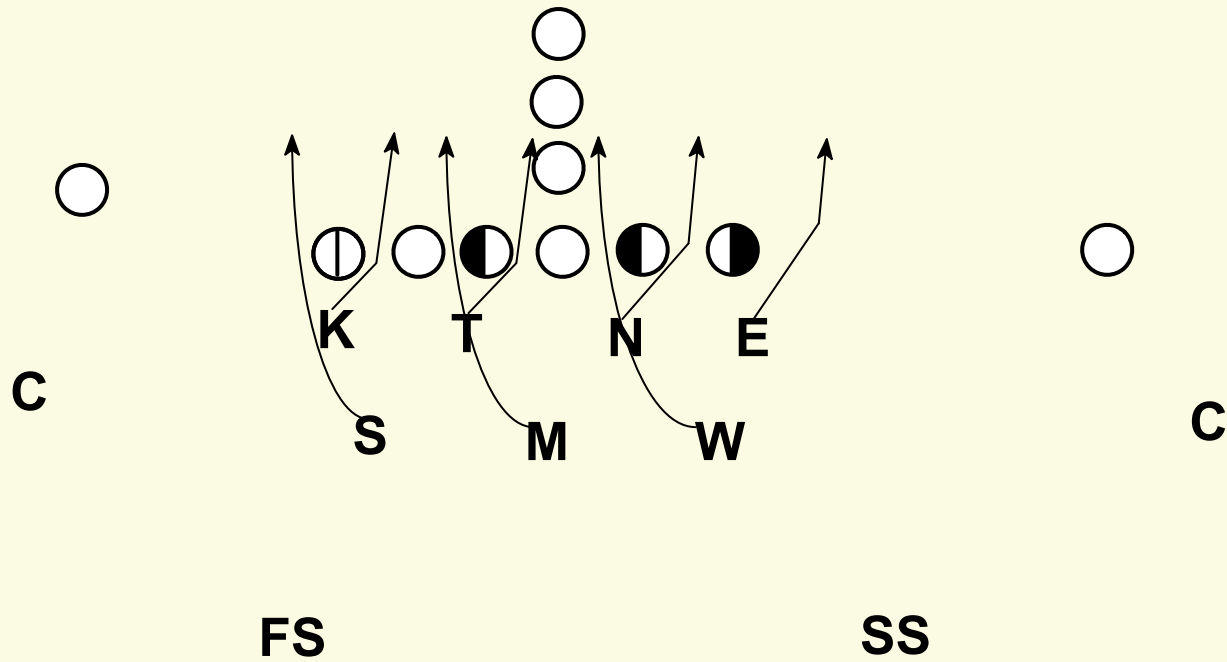
| SMOKE            | ALIGN.                               | KEY                               | RUN TO                                   | RUN AWAY  | PASS  |
|------------------|--------------------------------------|-----------------------------------|--|---|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out        | Down hill - force<br>inside - out                     | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out        | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out        | Down hill - squeeze -<br>inside - out pursuit angle   | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                      | Depends on coverage                                   | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                      | Depends on coverage                      | Depends on coverage                                   | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Depends on coverage                      | Depends on coverage                                   | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain | Ball get off - squeeze<br>down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Blitz thru<br>strong A gap        | Blitz thru strong A gap -<br>Force       | Blitz thru strong A gap -<br>Redirect - Pursuit angle | Blitz thru strong A gap -<br>Attack QB  |
| NOSE             | 1 tech<br>weak side                  | Blitz thru<br>weak B gap          | Blitz thru weak B gap -<br>Force         | Blitz thru weak B gap -<br>Redirect - Pursuit angle   | Blitz thru weak B gap -<br>Attack QB  |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain | Ball get off - squeeze<br>down gap - run to the ball  | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Yankee



| YANKEE           | ALIGN.                               | KEY                           | RUN TO   | RUN AWAY  | PASS  |
|------------------|--------------------------------------|-------------------------------|--|---|---|
| MIKE             | 10 tech<br>stack nose                | Blitz thru<br>strong A gap    | Blitz thru strong A gap -<br>Force                 | Blitz thru strong A gap -<br>Redirect - Pursuit angle                         | Blitz thru strong A gap -<br>Attack QB                          |
| SAM              | 60 tech<br>stack tackle              | Blitz thru<br>strong C<br>Gap | Blitz thru strong C gap -<br>Force                 | Blitz thru strong C gap -<br>Redirect - Pursuit angle                         | Blitz thru strong C gap -<br>Attack QB                          |
| WILL             | 60 tech<br>stack end                 | Outside<br>Contain<br>Blitz   | Blitz outside contain -<br>Force everything inside | Blitz outside contain -<br>Check boot & reverse -<br>Redirect - Pursuit angle | Blitz outside contain -<br>Contain boot & sprint -<br>Attack QB |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - #1 - QB                  | Depends on coverage                                | Depends on coverage   | Depends on coverage   |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - #1 - QB                  | Depends on coverage                                | Depends on coverage   | Depends on coverage   |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line           | Depends on coverage                                | Depends on coverage   | Depends on coverage   |
| KODIAK           | 8 tech<br>strong side                | Blitz thru<br>strong D gap    | Blitz thru strong D gap -<br>Force - Contain       | Blitz thru strong D gap -<br>Redirect - Pursuit angle                         | Blitz thru strong D gap -<br>Pass rush move -<br>Contain        |
| TACKLE           | 3 tech<br>strong side                | Blitz thru<br>strong B gap    | Blitz thru strong B gap -<br>Force                 | Blitz thru strong B gap -<br>Redirect - Pursuit angle                         | Blitz thru strong B gap -<br>Attack QB                          |
| NOSE             | 1 tech<br>weak side                  | Blitz thru<br>weak A gap      | Blitz thru weak A gap -<br>Force                   | Blitz thru weak A gap -<br>Redirect - Pursuit angle                           | Blitz thru weak A gap -<br>Attack QB                            |
| END              | 6 tech<br>weak side                  | Blitz thru<br>weak B gap      | Blitz thru weak B gap -<br>Force                   | Blitz thru weak B gap -<br>Redirect - Pursuit angle                           | Blitz thru weak B gap -<br>Pass rush move -<br>Stay in lane     |

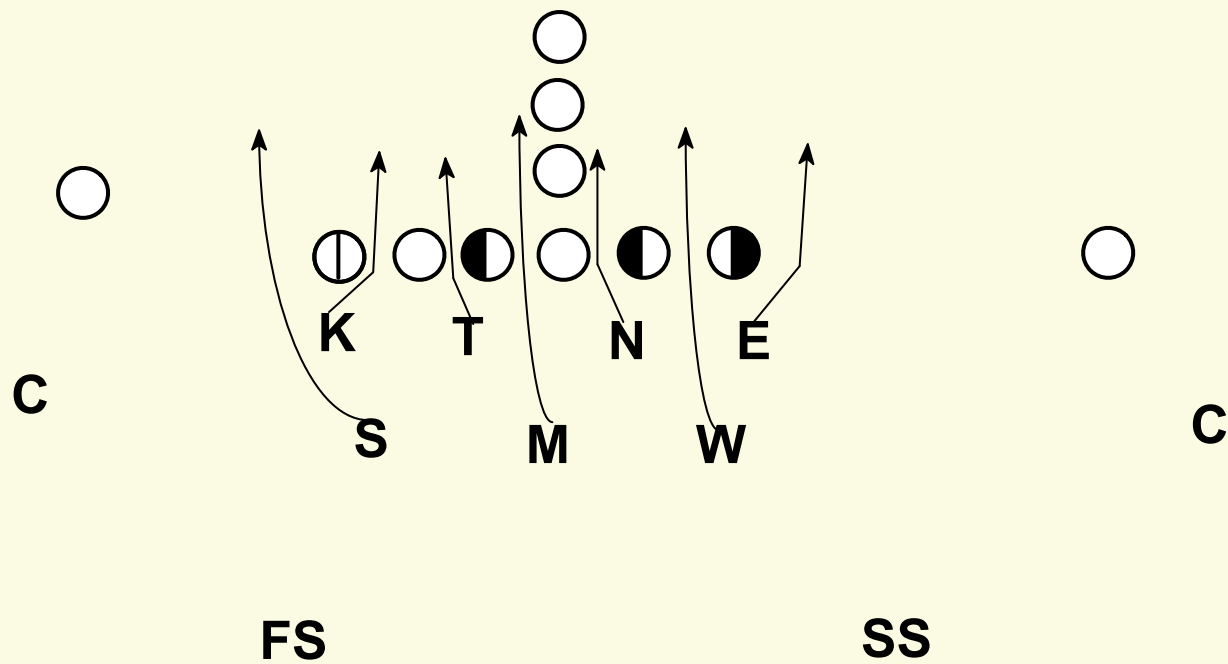
# Rebel



| REBEL         | ALIGN.                         | KEY                     | RUN TO  | RUN AWAY  | PASS  |
|---------------|--------------------------------|-------------------------|---|---|---|
| MIKE          | 10 tech stack nose             | Blitz thru strong B gap | Blitz thru strong B gap - Force                 | Blitz thru strong B gap - Redirect - Pursuit angle                      | Blitz thru strong B gap - Attack QB                       |
| SAM           | 60 tech stack tackle           | Outside Contain Blitz   | Blitz outside contain - Force everything inside | Blitz outside contain - Check boot & reverse - Redirect - Pursuit angle | Blitz outside contain - Contain boot & sprint - Attack QB |
| WILL          | 60 tech stack end              | Blitz thru weak A gap   | Blitz thru weak A gap - Force                   | Blitz thru weak A gap - Redirect - Pursuit angle                        | Blitz thru weak A gap - Attack QB                         |
| FREE SAFETY   | 10 yds deep on a hash          | QB - #1 - QB            | Depends on coverage                             | Depends on coverage   | Depends on coverage                                       |
| STRONG SAFETY | 10 yds deep on a hash          | QB - #1 - QB            | Depends on coverage                             | Depends on coverage   | Depends on coverage                                       |
| CORNERS       | 5 yds deep outside shoulder #1 | QB - on/off line        | Depends on coverage                             | Depends on coverage   | Depends on coverage                                       |
| KODIAK        | 8 tech strong side             | Blitz thru strong C gap | Blitz thru strong C gap - Force                 | Blitz thru strong C gap - Redirect - Pursuit angle                      | Blitz thru strong C gap - Pass rush move - Stay in lane   |
| TACKLE        | 3 tech strong side             | Blitz thru strong A gap | Blitz thru strong A gap - Force                 | Blitz thru strong A gap - Redirect - Pursuit angle                      | Blitz thru strong A gap - Attack QB                       |
| NOSE          | 1 tech weak side               | Blitz thru weak B gap   | Blitz thru weak B gap - Force                   | Blitz thru weak B gap - Redirect - Pursuit angle                        | Blitz thru weak B gap - Attack QB                         |
| END           | 6 tech weak side               | Blitz thru weak C gap   | Blitz thru weak C gap - Force - Contain         | Blitz thru weak C gap - Redirect - Pursuit angle                        | Blitz thru weak C gap - Pass rush move - Contain          |



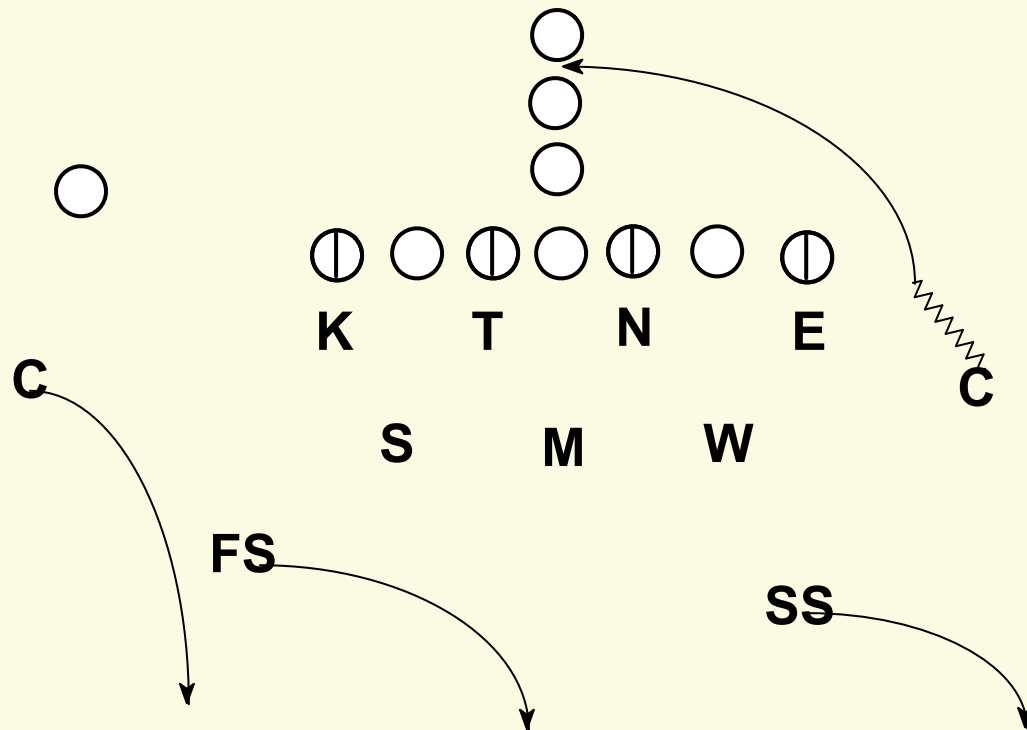
# Gaps



B

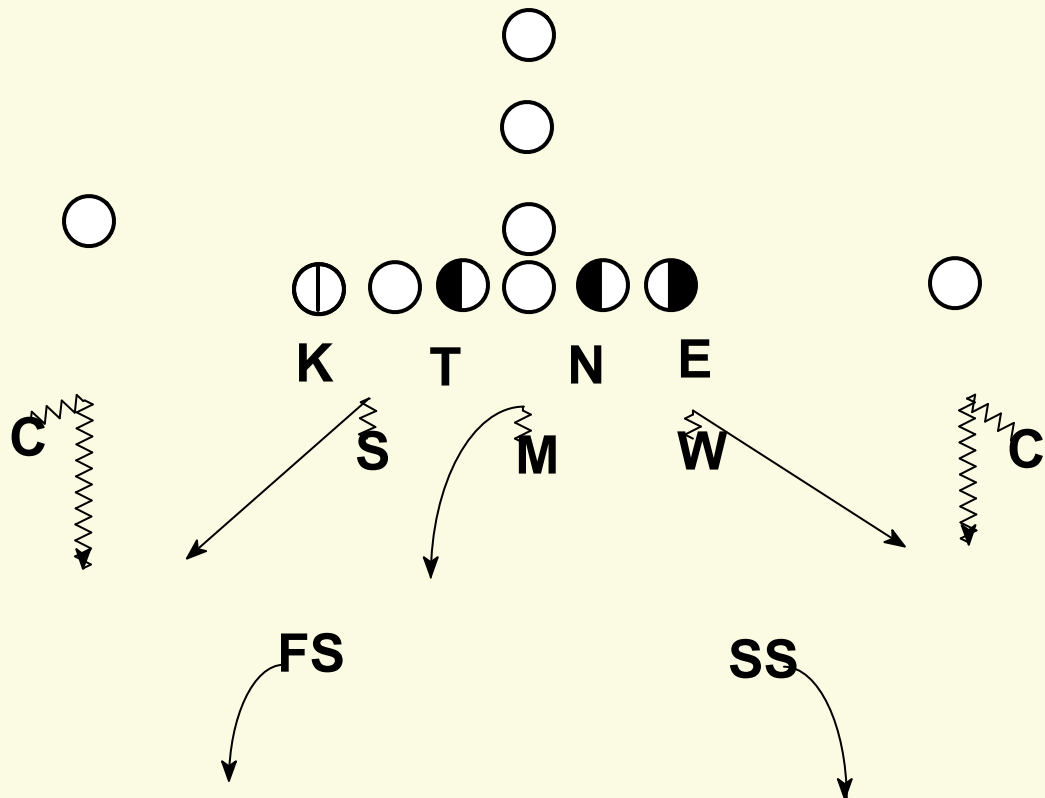
| GAPS          | ALIGN.                         | KEY                     | RUN TO                                    | RUN AWAY   | PASS   |
|---------------|--------------------------------|-------------------------|---|--|--|
| MIKE          | 10 tech stack nose             | Blitz thru strong A gap | Blitz thru strong A gap - Force           | Blitz thru strong A gap - Redirect - Pursuit angle | Blitz thru strong A gap - Attack QB                |
| SAM           | 60 tech stack tackle           | Blitz thru strong C Gap | Blitz thru strong C gap - Force           | Blitz thru strong C gap - Redirect - Pursuit angle | Blitz thru strong C gap - Attack QB                |
| WILL          | 60 tech stack end              | Blitz thru Weak B Gap   | Blitz thru Weak B gap - Force             | Blitz thru weak B gap - Redirect - Pursuit angle   | Blitz thru weak B gap - Attack QB                  |
| FREE SAFETY   | 10 yds deep on a hash          | QB - #1 - QB            | Depends on coverage                       | Depends on coverage                                | Depends on coverage                                |
| STRONG SAFETY | 10 yds deep on a hash          | QB - #1 - QB            | Depends on coverage                       | Depends on coverage                                | Depends on coverage                                |
| CORNERS       | 5 yds deep outside shoulder #1 | QB - on/off line        | Depends on coverage                       | Depends on coverage                                | Depends on coverage                                |
| KODIAK        | 8 tech strong side             | Blitz thru strong D gap | Blitz thru strong D gap - Force - Contain | Blitz thru strong D gap - Redirect - Pursuit angle | Blitz thru strong D gap - Pass rush move - Contain |
| TACKLE        | 3 tech strong side             | Blitz thru strong B gap | Blitz thru strong B gap - Force           | Blitz thru strong B gap - Redirect - Pursuit angle | Blitz thru strong B gap - Attack QB                |
| NOSE          | 1 tech weak side               | Blitz thru weak A gap   | Blitz thru weak A gap - Force             | Blitz thru weak A gap - Redirect - Pursuit angle   | Blitz thru weak A gap - Attack QB                  |
| END           | 6 tech weak side               | Blitz thru weak C gap   | Blitz thru weak C gap - Force - Contain   | Blitz thru weak C gap - Redirect - Pursuit angle   | Blitz thru weak C gap - Pass rush move - Contain   |

# Cobra



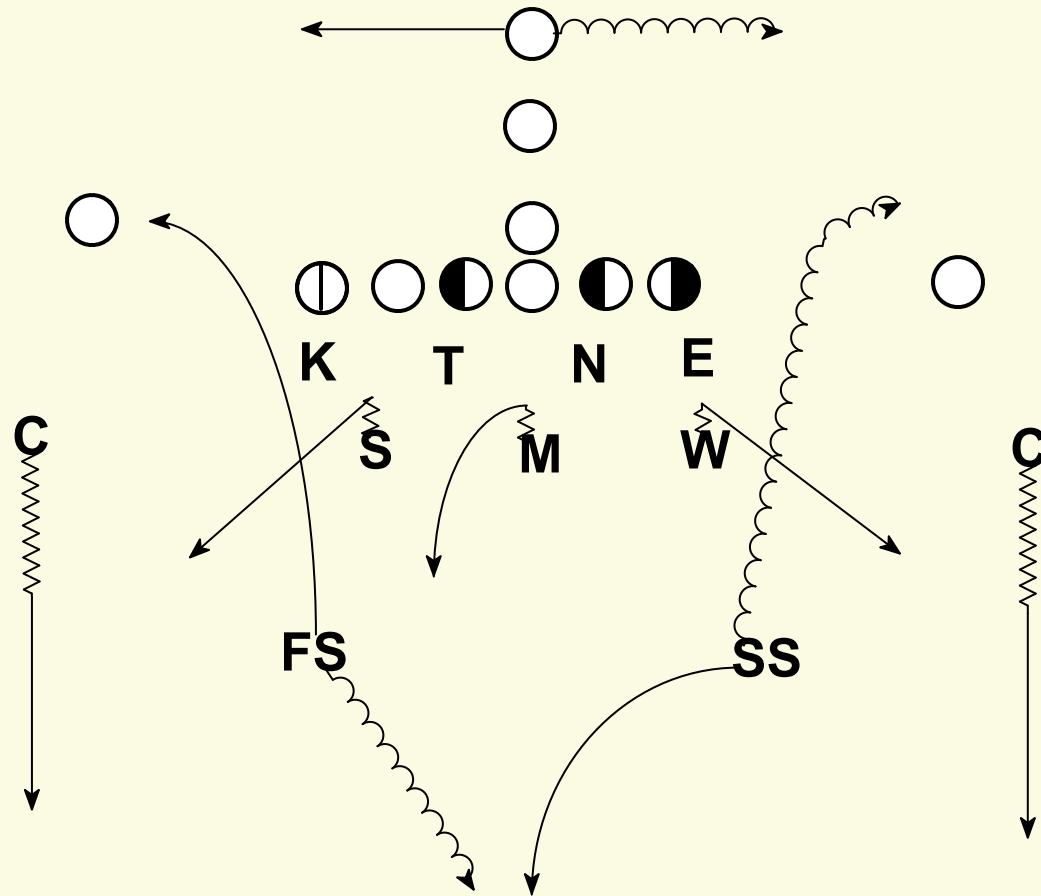
| COBRA            | ALIGN.                               | KEY                               | RUN TO  | RUN AWAY   | PASS   |
|------------------|--------------------------------------|-----------------------------------|---|--|--|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - force<br>inside - out  | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth     |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth  |
| WILL             | 60 tech<br>steack end                | weak side<br>guard                | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle  | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth  |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | QB - on/off<br>line               | Late - Late - Late Run<br>support                                     | Late - Late - Late<br>Pursuit angle - 21 over top  | Snap of ball roll to the side<br>of the blitz into a Cov 3<br>Get deep                       |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | QB - on/off<br>line               | Late - Late - Late Run<br>support                                     | Late - Late - Late<br>Pursuit angle - 21 over top  | Snap of ball roll to the side<br>of the blitz into a Cov 3<br>Get deep                       |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | Snap of ball                      | Blitz from the outside -<br>On the call - Contain -<br>Force          | Blitz from the outside -<br>On the call - Chance<br>down ball - Watch for box<br>and reverse | Blitz from the outside -<br>On the call - Chance<br>down ball - Watch for box<br>and reverse |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | ball get off - squeeze<br>down gap - run to the ball   | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                             |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball   | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                     |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball   | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                     |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | ball get off - squeeze<br>down gap - run to the ball   | Ball get off<br>Give a pass rush mov<br>Stay in lanes - contain                              |

# Cov. 2



| COV. 2        | ALIGN.                     | KEY                         | RUN TO  | RUN AWAY   | PASS   |
|---------------|----------------------------|-----------------------------|---|--|--|
| MIKE          | 10 tech stack nose         | strong side guard           | Down hill - force inside - out                                  | Down hill - force inside - out   | 2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth    |
| SAM           | 60 tech stack tackle       | strong side guard           | Down hill - force inside - out                                  | Down hill - squeeze - inside - out pursuit angle                           | 2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth |
| WILL          | 60 tech stack end          | weak side guard             | Down hill - force inside - out                                  | Down hill - squeeze - inside - out pursuit angle                           | 2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth |
| FREE SAFETY   | 10 yds deep on a hash      | QB - on/off the line        | Late - Late - Late Run support                                  | Late - Late - Late Pursuit angle - 21 over top                             | Snap of ball check #1 - if outside get over top - inside keep deep                 |
| STRONG SAFETY | 10 yds deep on a hash      | QB - on/off the line        | Late - Late - Late Run support                                  | Late - Late - Late Pursuit angle - 21 over top                             | Snap of ball check #1 if outside get over top - inside keep deep                   |
| CORNERS       | 5 yds deep 1 yd outside #1 | QB - on/off the line        | Read on/off line - attack the ball outside in                   | Read on/off line - roll slowly over the top watch for throw back & reverse | Read on/off line - shove #1 inside - shuffle deep watching for rec. coming out     |
| KODIAK        | 8 tech strong side         | Ball - head of man in front | Ball get off - set the corner Contain                           | set - squeeze - watch for cut back & reverse - pursuit angle               | Ball get off Give a pass rush move Stay in lanes - contain                         |
| TACKLE        | 3 tech strong side         | Ball - head of man in front | Ball get off - do not get hooked by man on you control your gap | ball get off - squeeze down gap - run to the ball                          | Ball get off Give a pass rush move Stay in lanes -                                 |
| NOSE          | 1 tech weak side           | Ball - head of man in front | Ball get off - do not get hooked by man on you control your gap | ball get off - squeeze down gap - run to the ball                          | Ball get off Give a pass rush move Stay in lanes -                                 |
| END           | 6 tech weak side           | Ball - head of man in front | Ball get off - set the corner Contain                           | ball get off - squeeze down gap - run to the ball                          | Ball get off Give a pass rush move Stay in lanes - contain                         |

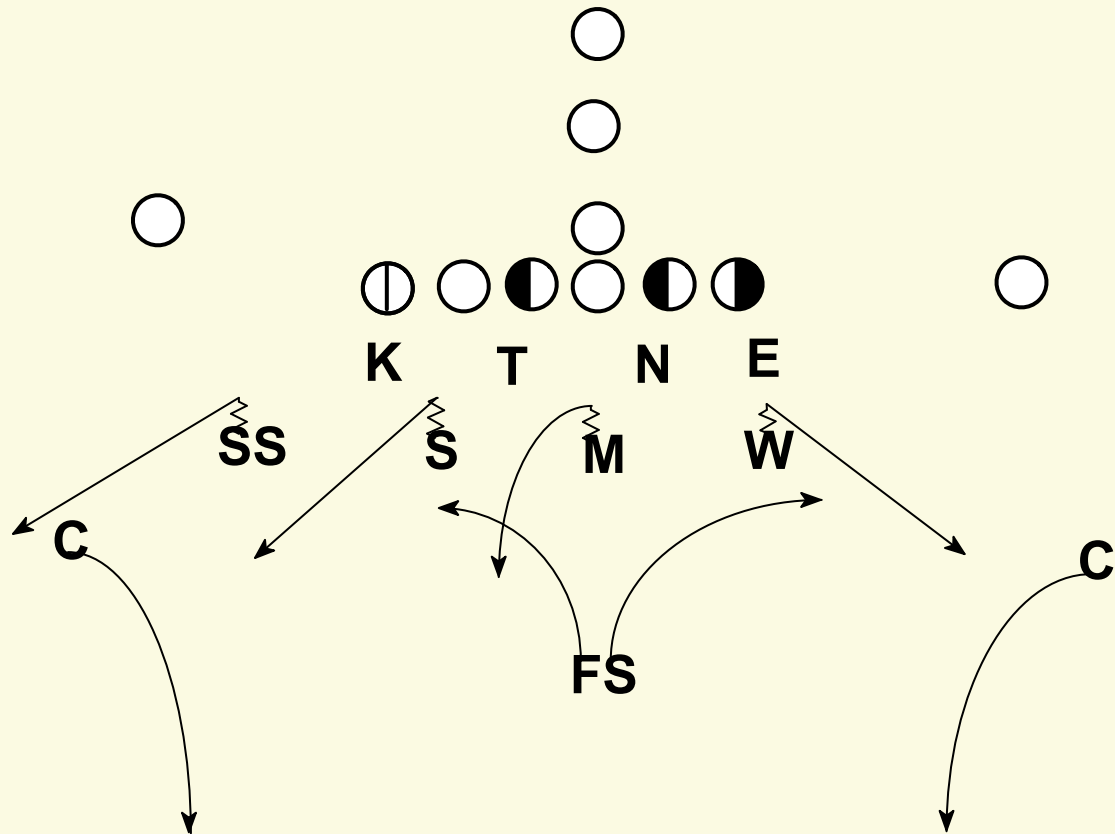
# Cov. 5



| COV. 5           | ALIGN.                           | KEY                               | RUN TO  | RUN AWAY   | PASS  |
|------------------|----------------------------------|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose            | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - force<br>inside - out                                  | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle          | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end             | weak side<br>guard                | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFTEY   | 10 yds deep<br>on a hash         | QB - on/off<br>the line           | RB is to your side -<br>Force inside out                              | Roll to the middle 1/3's<br>Get depth                              | TB to your side - late<br>blitz to that side to RB-<br>Deep middle 1/3's                    |
| STRONG<br>SAFTEY | 10 yds deep<br>on a hash         | QB - on/off<br>the line           | RB is to your side -<br>Force inside out                              | Roll to the middle 1/3's<br>Get depth                              | TB to your side - late<br>blitz to that side to RB-<br>Deep middle 1/3's                    |
| CORNERS          | 5 yds deep<br>1 yd outside<br>#1 | QB - on/off<br>the line           | Late - Late - Late Run<br>support                                     | Late - Late - Late<br>Pursuit angle - 21 over top                  | Snap of ball 3 peddles<br>open up to field - Get<br>deep                                    |
| KODIAK           | 8 tech<br>strong side            | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | set - squeeze - watch for<br>cut back & reverse -<br>pursuit angle | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side            | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | 1 tech<br>weak side              | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side              | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

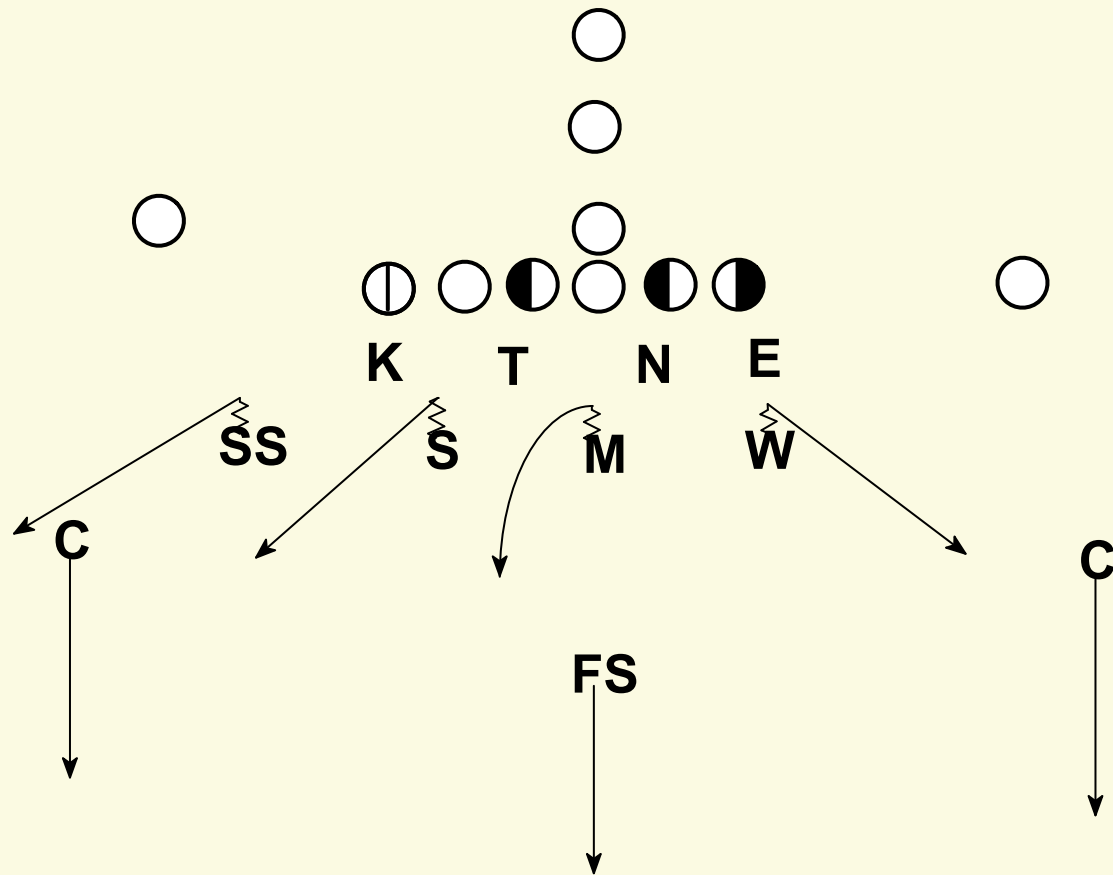


# Cov 1



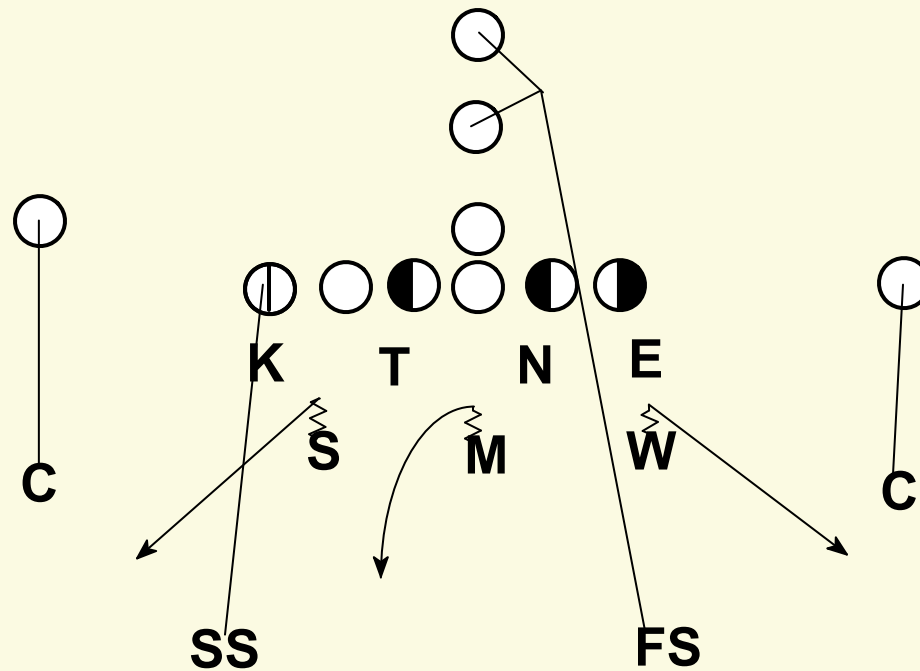
| COV 1            | ALIGN.                               | KEY                               | RUN TO  | RUN AWAY   | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - force<br>inside - out                                  | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>strong side<br>A gap  | QB - on/off<br>line - Mirror      | Mirror QB 2 slide steps<br>Run support inside out                     | Mirror QB 2 slide steps<br>Run support inside out                  | Mirror QB 2 slide steps<br>Jump TE - no TE rob<br>middle 15- 20 yards                       |
| STRONG<br>SAFETY | 3 yds wide<br>4 yds deep             | QB - on/off<br>line               | Set - force<br>outside - in   | set - squeeze - watch for<br>cut back & reverse -<br>pursuit angle | Sit - Run - QB - Flip<br>check #1 determines<br>your drop - Run thru #2<br>to flats         |
| CORNERS          | 7 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Late - Late - Late Run<br>support                                     | Late - Late - Late<br>Pursuit angle - 21 over top                  | Snap of ball 3 peddles<br>open up to field - Get<br>deep                                    |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | Ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | Ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Cov. 3



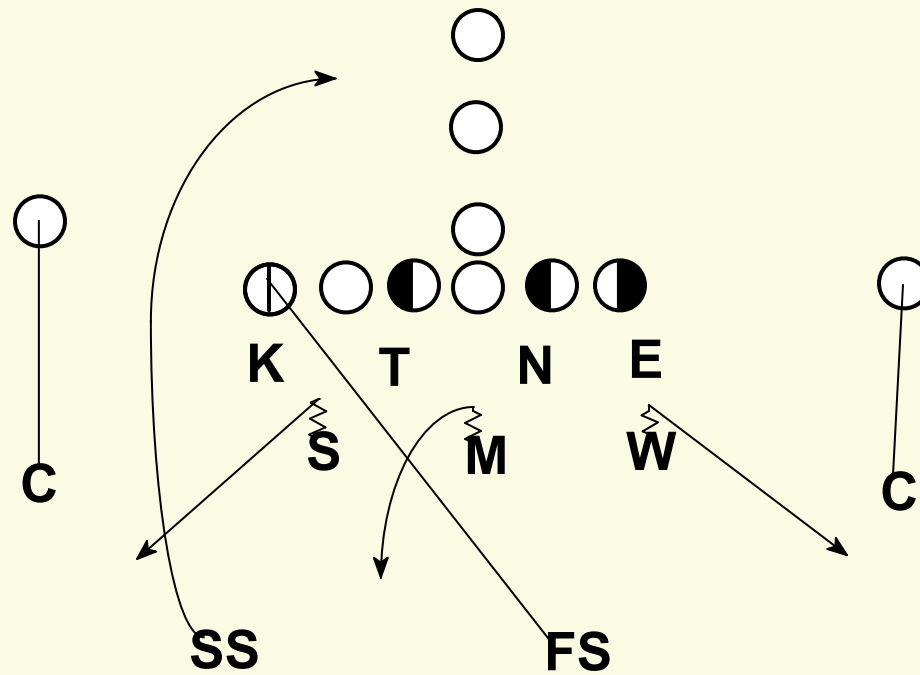
| COV 3            | ALIGN.                               | KEY                               | RUN TO  | RUN AWAY   | PASS  |
|------------------|--------------------------------------|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose                | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - force<br>inside - out                                  | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>strong side<br>A gap  | QB - on/off<br>line - Mirror      | Late - Late - Late Run<br>support                                     | Late - Late - Late<br>Pursuit angle - 21 over top                  | Snap of ball - check<br>TE and get deep   |
| STRONG<br>SAFETY | 3 yds wide<br>4 yds deep             | QB - on/off<br>line               | Set - force<br>outside - in   | set - squeeze - watch for<br>cut back & reverse -<br>pursuit angle | Sit - Run - QB - Flip<br>check #1 determines<br>your drop - Run thru #2<br>to flats         |
| CORNERS          | 7 yds deep<br>outside<br>shoulder #1 | QB - on/off<br>line               | Late - Late - Late Run<br>support                                     | Late - Late - Late<br>Pursuit angle - 21 over top                  | Snap of ball 3 peddles<br>open up to field - Get<br>deep                                    |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | Ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | Ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Cov. Black



| COV.<br>BLACK    | ALIGN.                                    | KEY                               | RUN TO  | RUN AWAY   | PASS  |
|------------------|---|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose                     | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - force<br>inside - out                                  | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle                   | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                      | weak side<br>guard                | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 8 yds deep<br>1 yd outside<br>weak tackle | Ball -<br>TB/#2                   | Late - Late - Late Run<br>support                                     | Late - Late - Late<br>Pursuit angle - 21 over top                  | Snap of ball - Eye on TB<br>FB/#2 - Go every were 1<br>of FB/#2 goes                        |
| STRONG<br>SAFETY | 8 yds deep<br>1 yds outside<br>TE         | Ball -<br>TE                      | Late - Late - Late Run<br>support                                     | Late - Late - Late<br>Pursuit angle - 21 over top                  | Snap of ball - Eye on TE<br>Go every were TE goes   |
| CORNERS          | 5 yds deep<br>1 yd inside<br>#1           | Ball -<br>#1                      | Late - Late - Late Run<br>support                                     | Late - Late - Late<br>Pursuit angle - 21 over top                  | Snap of ball - Eye on<br>#1 - Go every were<br>#1 goes                                      |
| KODIAK           | 8 tech<br>strong side                     | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | set - squeeze - watch for<br>cut back & reverse -<br>pursuit angle | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                     | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | 1 tech<br>weak side                       | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                       | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |

# Cov Red



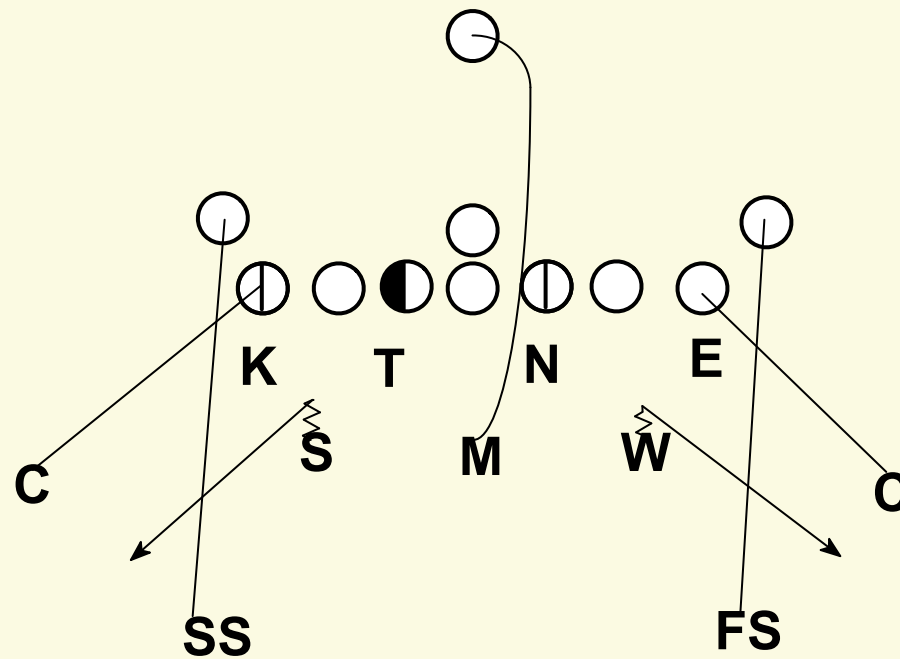
| COV.<br>RED      | ALIGN.                                    | KEY                               | RUN TO  | RUN AWAY   | PASS  |
|------------------|---|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose                     | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - force<br>inside - out                                  | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle                   | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                      | weak side<br>guard                | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 8 yds deep<br>1 yds outside<br>TE         | Ball -<br>TE                      | Late - Late - Late Run<br>support                                     | Late - Late - Late<br>Pursuit angle - 21 over top                  | Snap of ball - Eye on<br>TE - Go every were TE<br>goes                                      |
| STRONG<br>SAFETY | 8 yds deep<br>1 yd outside<br>weak tackle | Ball -<br>Blitz                   | Blitz thru gap - Force  | Blitz thru gap - Redirect<br>Pursuit angle                         | Blitz thru gap - Attack<br>QB   |
| CORNERS          | 5 yds deep<br>1 yd inside<br>#1           | Ball -<br>#1                      | Late - Late - Late Run<br>support                                     | Late - Late - Late<br>Pursuit angle - 21 over top                  | Snap of ball - Eye on<br>#1 - Go every were<br>#1 goes                                      |
| KODIAK           | 8 tech<br>strong side                     | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | set - squeeze - watch for<br>cut back & reverse -<br>pursuit angle | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                     | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | 1 tech<br>weak side                       | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                       | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush mov<br>Stay in lanes - contain                             |



B

| COV.<br>ORANGE   | ALIGN.                          | KEY                               | RUN TO  | RUN AWAY   | PASS  |
|------------------|---------------------------------|-----------------------------------|---|--|---|
| MIKE             | 10 tech<br>stack nose           | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - force<br>inside - out                                  | 2 down hill steps - flip<br>hips to TE - watch<br>draw - drop to middle<br>and get depth    |
| SAM              | 60 tech<br>stack tackle         | strong side<br>guard              | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack lead           | weak side<br>guard                | Down hill - force<br>inside - out                                     | Down hill - squeeze -<br>inside - out pursuit angle                | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash        | Ball - RB                         | RB is to your side -<br>Force inside out                              | Have TE man to man -<br>to your side &/or away                     | TB to your side - late<br>blitz to that side to RB-<br>Away you have TE                     |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash        | Ball - RB                         | RB is to your side -<br>Force inside out                              | Have TE man to man -<br>to your side &/or away                     | TB to your side - late<br>blitz to that side to RB-<br>Away you have TE                     |
| CORNERS          | 5 yds deep<br>1 yd inside<br>#1 | Ball -<br>#1                      | Late - Late - Late Run<br>support                                     | Late - Late - Late<br>Pursuit angle - 21 over top                  | Snap of ball - Eye on<br>#1 - Go every were<br>#1 goes                                      |
| KODIAK           | 8 tech<br>strong side           | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | set - squeeze - watch for<br>cut back & reverse -<br>pursuit angle | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 6 tech<br>strong side           | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | 1 tech<br>weak side             | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side             | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain                              | ball get off - squeeze<br>down gap - run to the ball               | Ball get off<br>Give a pass rush mov<br>Stay in lanes - contain                             |

# Cov. Purple



| PURPLE           | ALIGN.                               | KEY                               | RUN TO   | RUN AWAY   | PASS  |
|------------------|--------------------------------------|-----------------------------------|--|--|---|
| MIKE             | 10 tech<br>stack nose                | BALL - FB                         | Snap of ball go get FB<br>no matter what   | Snap of ball go get FB<br>no matter what   | Snap of ball go get FB<br>no matter what  |
| SAM              | 60 tech<br>stack tackle              | strong side<br>guard              | Down hill - force<br>inside - out  | Down hill - squeeze -<br>inside - out pursuit angle                                      | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| WILL             | 60 tech<br>stack end                 | weak side<br>guard                | Down hill - force<br>inside - out  | Down hill - squeeze -<br>inside - out pursuit angle                                      | 2 down hill steps - flip<br>hips to outside -<br>watch draw - drop to<br>zone and get depth |
| FREE<br>SAFETY   | 10 yds deep<br>on a hash             | Wing man-<br>or RB                | Have the wing man or one<br>of the outside RBs - Man to<br>man all over the feild period | Have the wing man or one<br>of the outside RBs - Man to<br>man all over the feild period | Have the wing man or one<br>of the outside RBs - Man to<br>man all over the feild period    |
| STRONG<br>SAFETY | 10 yds deep<br>on a hash             | Wing man-<br>or RB                | Have the wing man or one<br>of the outside RBs - Man to<br>man all over the feild period | Have the wing man or one<br>of the outside RBs - Man to<br>man all over the feild period | Have the wing man or one<br>of the outside RBs - Man to<br>man all over the feild period    |
| CORNERS          | 5 yds deep<br>outside<br>shoulder #1 | TE -<br>man to man                | Have the TE - Man to<br>man all over the feild period                                    | Have the TE - Man to<br>man all over the feild period                                    | Have the TE - Man to<br>man all over the feild period                                       |
| KODIAK           | 8 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain   | ball get off - squeeze<br>down gap - run to the ball                                     | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |
| TACKLE           | 3 tech<br>strong side                | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap                    | ball get off - squeeze<br>down gap - run to the ball                                     | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| NOSE             | 1 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - do not get<br>hooked by man on you<br>control your gap                    | ball get off - squeeze<br>down gap - run to the ball                                     | Ball get off<br>Give a pass rush move<br>Stay in lanes -                                    |
| END              | 6 tech<br>weak side                  | Ball -<br>head of man<br>in front | Ball get off - set the corner<br>Contain   | ball get off - squeeze<br>down gap - run to the ball                                     | Ball get off<br>Give a pass rush move<br>Stay in lanes - contain                            |